



# Coburg West Primary School

Friday 1<sup>st</sup> May

## CWPS ACTIVITY CALENDAR

DATE	ACTIVITY	DETAILS
<b>TERM 2</b>		
<b>May</b>		
Tuesday 5 <sup>th</sup>	Mother's Day Stall	Whole School
Wed. 6 <sup>th</sup> – Fri. 8 <sup>th</sup>	Camp	Grade 5 - Silvan
Monday 18 <sup>th</sup>	SSV Coburg District Cross Country	Qualifying Students
Wednesday 20 <sup>th</sup>	School Photos	Whole School
Monday 25 <sup>th</sup>	Professional Development	<b>Student Free Day</b>
<b>June</b>		
Friday 5 <sup>th</sup>	Curriculum Day	<b>Student Free Day</b>
Monday 8 <sup>th</sup>	Kings Birthday – Public Holiday	<b>School Closed</b>
Tuesday 9 <sup>th</sup>	Visit to Doris Blackburn Kindergarten	Grade 3
Thursday 11 <sup>th</sup>	Scienceworks Excursion	Grades 3 & 4
Monday 15 <sup>th</sup>	Essendon Traffic School	Prep
Thursday 18 <sup>th</sup>	Visit to Doris Blackburn Kindergarten	Grade 3
Friday 19 <sup>th</sup>	Disco – Fundraising Event	Whole School
Tuesday 23 <sup>rd</sup>	Campbell Turnbull Library Visit	Preps
Thursday 25 <sup>th</sup>	Parent Teacher Conferences	TBA
Friday 26 <sup>th</sup>	Last Day of Term 2	<b>2:30pm Dismissal</b>
<b>TERM 3</b>		
<b>July</b>		
Monday 13 <sup>th</sup>	Term 3 Commences	Whole School at 9am
<b>August</b>		
Wed 19 <sup>th</sup> – Fri 21 <sup>st</sup>	Camp	Grade 4 -Campaspe Downs
Friday 21 <sup>st</sup>	Scienceworks Excursion	Grades 1 & 2
Monday 24 <sup>th</sup> – Friday 28 <sup>th</sup>	Book Week	Whole School Parade 9:15am Frid 28 <sup>th</sup>
<b>September</b>		
Monday 14 <sup>th</sup> – Friday 18 <sup>th</sup>	Swimming	Grades 5 & 6
Friday 18 <sup>th</sup>	Last Day of Term 3	<b>2:30pm Dismissal</b>
<b>TERM 4</b>		
<b>October</b>		
Monday 5 <sup>th</sup>	Term 4 Commences	Whole School at 9am

## **Dear School Community,**

Welcome back to term two. Thankfully it has started with glorious sunshine, helping everyone settle in quickly, with students happily returning to their learning and playing.

### **Open Successes**

On Wednesday 22<sup>nd</sup> April we held our annual Open Day sessions. Across both the morning and evening sessions, we welcomed approximately 40 new families into our school to see and hear about what CWPS can offer their child and their family. It was highly successful, with the families thankful for the opportunity to get in and explore our school, have their questions answered and learn about all that we offer. The morning group was particularly impressed by the level of maturity shown by our Student Leaders who assisted in guiding the groups, answering their questions and assisting with engaging the toddlers.

Further to this, we have been welcoming many new families into our CWPS Little Sparks Club, which is held each Monday morning from 9:15 to 10am. Each week the group has been growing and the toddlers taking part (and their adults) are growing in confidence and forming new friendships as they become more familiar with our school and the various programs we deliver. If you have or know a little one between the ages of 3 and 5 years, invite their adult to bring them along Monday mornings in the small hall.

For those of you who are already part of our school community, you too will have your opportunity to step in and visit our classrooms in action as we open our doors for an afternoon and a morning during Education Week which runs from Monday 18<sup>th</sup> to Friday 22<sup>nd</sup> May, 2026.

### **Enrolments Open**

We are now taking enrolments for the 2027 school year. If you or someone you know has a child ready to start school next year, please know that enrolments must be submitted by 31<sup>st</sup> July 2026. To collect an enrolment form just visit the office or to arrange a tour call 9386 1286.

Also at this time, many of our families of students in Grade 6 are currently having to make that decision about enrolling their child into secondary school. Paperwork was sent home with each child in Grade 6, so please ensure you have this and fulfil the requirements within the appropriate timeframes.

### **Coming Up**

**This Tuesday** our School Community Group will be holding our annual **Mother's Day Stall** for students to go shopping and purchase a special gift for their mother, grandmother or other special person in their life.

**This Wednesday to Friday** our **Grade 5** students will be attending **Camp Gundiwindi** near Silvan. We wish them a fun and safe time away, as they bond over activities like the Giant Swing, Ropes Courses and kitchen duty!

**Wednesday 20<sup>th</sup> May** is **School Photo Day**, so please ensure your child comes to school in full school uniform and a BIG SMILE!!!

Kind regards,  
**Mark COLAGRANDE**  
**PRINCIPAL**

# CWPS VALUES CERTIFICATES

We Are Learners / We Are Respectful / We Are Safe / We Care

Grade	Student	Value	Student	Value	Presented by
00D	Lily	We Are Learners	Patrick	We Are Learners	Ms. Zschunke
00L	Minnie T.	We Are Safe	Rae	We Are Learners	Ms. Lebon/ Mr. Robinson
1C	Billie	We Are Learners	Will R.	We Are Learners	Ms. Corn
1S	Willow B.	We Are Respectful			Ms. Saville/Ms. Sztrajt
2S	Ben C.	We Are Learners	Donna	We Are Safe	Ms. Spiteri/ Ms. Amerena
2P					Ms. Preston
3M			Gianna A.	We Care	Ms. McKenzie/ Ms. Franco
3P	Nicola	We Are Learners	Elliot	We Are Learners	Mr. Peric
4A	Ellery	We Are Learners	Thomas	We Are Learners	Mr. Aitken
4F	Sonny	We Are Learners	Esme	We Are Learners	Ms. Fonte De Vos
5E	Harvey	We Are Learners	Caoimhe Christopher	We Are Learners We Are Respectful	Ms. Esposito
5T					Mr. Torpey
6O	Huon W.	We Are Learners	Aley S. Peter S.	We Are Learners We Are Learners	Mr Oberbichler
6R					Ms. Rigby
P.E.	Hugh O.	We Care	Samiha D.	We Are Learners	Mr. Harvey
V. Arts /Italian			Peter O.	We Are Learners	Ms. DiVincenzo/Ms. Peterson
P. Arts			Scout M.	We Are Learners	Ms. Sommer
STEM	Jasper T.	We Are Learners			Mr. Robinson

## CWPS GOOD CITIZENS

These students are acknowledged and thanked by their House Captains for being Good Citizens by exhibiting positive behaviours which reflect our School Values.

	24 <sup>th</sup> April	1st May
Green House	Evelyn 5T	Ned PL
Red House	Scout 5E	Ocean PD
Blue House	Jasper 1S	Isaac N. 4A
Gold House	Neve 5T	Harper T. 5T

Coburg West

# SUSTAINABILITY

UPDATE

On Wednesday 29th April it was Stop Food Waste Day. This was a day to think about reducing the amount of food that ends up in landfill. Coburg West took the action one step further and looked at all food waste that ends up in landfill, including food wrappers and packaging. As a result, we held a nude food day! The class with the greatest percentage of nude food lunches would receive a trophy and free dress day.

Classes embraced the idea and made sure to bring in nude food!



After all the numbers were counted, the class with the highest percentage of nude food was... Prep L! Congratulations!

As well as some ideas to stop food waste in general



## TOP TIPS TO FIGHT FOOD WASTE

### PLAN AHEAD AND DON'T OVER BUY

- Use up what's in your fridge and pantry
- Plan your meals
- Make a list before you shop

### THE FREEZER IS YOUR FRIEND

- Batch-cook and freeze portions
- Freeze bread and other leftovers
- Label items with the date and use them in order

### GET CREATIVE

- Experiment with what you have in the fridge
- Try making bubble and squeak or colourful frittatas from leftovers
- Use odd bits of vegetables to make wholesome soups

#StopFoodWasteDay

[stopfoodwasteday.com](http://stopfoodwasteday.com)

# CROSS COUNTRY

## RUNNING TRIALS 2026

### *A Fantastic Day!*

COBURG  
WEST  
PRIMARY  
SCHOOL

*Striving for  
Our Best*



The sun was shining on Monday the 27<sup>th</sup> April 2026 as all grade 3–6 students made their way to Shore Reserve for the annual Coburg West Primary School Cross Country Running Trials.



All students did an outstanding job in competing in their age groups 8/9/10 year olds, 11 year olds and 12/13.



The support and encouragement given made for a fantastic event. It was great to see so many parent / care givers attend to support.



The smiles on everyone's faces meant that some great memories were made.



**Congratulations** to all the students who participated and all the students that finished in the top 7 will have the opportunity to represent the school in the SSV Coburg District Cross Country 2026 event held on Monday the 18<sup>th</sup> May.



Details have been put on on Compass.

*Thanks everyone!*

*Chris Harvey*



## 2026 VICTORIAN PREMIERS' READING CHALLENGE

It's so great to see so many students have commenced the Victorian Premier's Reading Challenge. Let's hope so many more students jump on board and participate. We already have **7 students** who have completed the challenge, now they continue to read for pleasure and add any additional books to the register to document their year of reading. Well done, everyone.

For those of you who have not yet added any books, it's time to get started. Test your login and add those books. If you are having trouble, please email the school at [coburg.west.ps@education.vic.gov.au](mailto:coburg.west.ps@education.vic.gov.au) and direct your query to Patricia Amerena.

Also remember that all books should be entered no later than **Friday 4<sup>th</sup> September 2026**.

Good luck and continue reading!

Patricia Amerena  
English Leading Teacher



Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu	2 Course	3 Course
<b>BAKERY – All items freshly baked this morning!</b>		
Cheese & Vegemite Scroll (M)	\$6.45	\$9.15
Savoury Bite 'Little Frank' Roll	\$6.45	\$9.15
Topped with Only Cheese Roll (M)	\$6.45	\$9.15
Cheese & Bacon Roll	\$7.45	\$10.15
Scroll with Ham & Cheese	\$9.95	\$12.65
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65
<b>PIZZA / SAUSAGE ROLLS / GOZLEME / PASTIZZI / QUESADILLA / PASTIES – SERVED AT ROOM TEMPERATURE!</b>		
Ricotta & Spinach Pastizzi (2) (M)	\$8.95	\$11.65
Margherita Pizza TWIST (M)	\$9.95	\$12.65
Sausage Roll with Sauce	\$9.95	\$12.65
Margherita PITA Pizza (M)	\$9.95	\$12.65
Quesadilla (Chicken) served with Sour Cream (H)	\$10.95	\$13.65
Ham & Pineapple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (H)	\$10.95	\$13.65
Pepperoni Pizza (H)	\$10.95	\$13.65
Vegetable Pastie with Tomato Sauce (H, V)	\$12.75	\$15.45
Lamb & Beef Gozleme (H)	\$13.45	\$16.15
Mushroom & Spinach Gozleme (Vg)	\$13.45	\$16.15
Spinach & Cheese Gozleme (M)	\$13.45	\$16.15
<b>SUSHI HAND ROLLS (2pc) – Soy Sauce (GF) Provided</b>		
Teriyaki Chicken Hand Rolls (H)	\$12.45	\$15.15
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$12.45	\$15.15
Cooked Tuna Hand Rolls (GF)	\$12.45	\$15.15
Avocado Hand Rolls (GF, Vg)	\$12.45	\$15.15
Cucumber Hand Rolls (GF, Vg)	\$12.45	\$15.15
Vegetarian Hand Rolls (GF, Vg)	\$12.45	\$15.15
Tofu Hand Rolls (GF, V)	\$12.45	\$15.15
<b>RICE PAPER ROLLS (2pc) – (Wednesday, Thursday &amp; Friday only)</b>		
Chicken Rice Paper Rolls (GF, H)	\$13.45	\$16.15
Prawn Rice Paper Rolls (GF, H)	\$13.45	\$16.15
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$16.15
<b>SANDWICHES / ROLLS / WRAPS</b>		
Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$10.15
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.65
Plain Cheese Sandwich (2) (M)	\$9.95	\$12.65
Simple Salad Roll (Vg)	\$9.95	\$12.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Cheese & Salad Roll (M)	\$11.50	\$14.20
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$14.20
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$14.20
Chicken, Mayonnaise & Salad Roll (H)	\$12.75	\$15.45
Mexi Style WRAP w. Chicken, Salsa, Cheese, Salad, Corn Chips (H)	\$12.75	\$15.45
<b>SALADS / PICNIC BOXES / POKE BOWLS</b>		
Fresh Fruit Salad – Main Course Size (GF, Vg)	\$11.50	\$14.20
Ham Picnic Box (GF)	\$11.50	\$14.20
Vegetarian Picnic Box (GF, V)	\$11.50	\$14.20
Greek Style Salad with Feta & Olives (GF, V)	\$12.75	\$15.45
Tortellini Pasta Salad (V) (Wednesday, Thursday & Friday only)	\$12.75	\$15.45
Poke Bowl with Teriyaki Chicken (H)	\$13.45	\$16.15
<b>GF SANDWICHES</b>		
GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Chicken (with Mayo) & Cucumber Sandwich (1.5)	\$10.95	\$13.65

Snack/Drink Menu	
<b>FRESH FRUIT &amp; VEGETABLES</b>	
Apple pieces, Lemon juice, Cinnamon & Brown Sugar	+\$1.00
Fresh Fruit Combo	+\$1.00
Freshly Chopped Orange Segments	Included
Freshly Chopped Watermelon Pieces	Included
Whole Fruit – Apple	Included
Whole Fruit – Banana	Included
Bag of Grapes	Included
Carrot, Cucumber, Red & Yellow Capsicum	Included
Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
Corn Wheels & Lightly Steamed Broccoli	Included
Edamame (Lightly Salted)	Included
<b>BAKERY – SWEET</b>	
ANZAC Biscuit	Included
Choc Chip Cookie	Included
Cinnamon Doughnut	Included
Cornflake Cookie	Included
Finger Bun with Sprinkles	Included
"Not Cross" Bun	Included
Lamington	Included
Blueberry Muffin	+\$1.00
Carrot Cup Cake (GF/DF/Vg)	+\$1.00
Choc Cup Cake (GF/DF/Vg)	+\$1.00
Jam Drop Biscuit (GF)	+\$1.00
Passionfruit Melting Moment Biscuit	+\$1.00
Yo Yo Biscuit	+\$1.00
<b>SUSHI</b>	
1pc Tuna Sushi (GF)	+\$1.00
<b>POPCORN / HARVEST SNAPS</b>	
Popcorn – Slightly Sweet, Lightly Salted	Included
Popcorn – Lightly Salted	Included
Harvest Snaps (GF/DF/Vg)	Included
<b>DRIED FRUIT / LEGUMES</b>	
Lime & Black Pepper Chickpeas	Included
Roasted Chickpeas	Included
Balsamic & Sea Salt Fava Beans	Included
Dried Pineapple Pieces by "Peels"	+\$1.00
<b>DIPS WITH MINI RICE CAKES / CORN CHIPS</b>	
Avocado Dip with Mini Rice Cakes	+\$1.00
Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Spring Onion Dip with Mini Rice Cakes	+\$1.00
Tzatziki Dip with Mini Rice Cakes	+\$1.00
Corn Chips with Salsa (GF)	+\$1.00
Mango Chutney with Vege Chips (GF, Vg)	+\$1.00
<b>YOGHURTS / BOWLS / CUPS</b>	
Raspberry Jelly Cup	Included
Strawberry Yoghurt (Dairy Farmers)	+\$1.00
Vanilla Yoghurt (Dairy Farmers)	+\$1.00
Stewed Rhubarb and Apple with Custard	+\$1.00
<b>DRINKS</b>	
Apple Juice (Nippy's)	Included
Orange Juice (Nippy's)	Included
Chocolate Milk (Nippy's)	Included
Strawberry Milk (Nippy's)	Included
Full Cream Milk	Included



GF = Gluten Free, DF = Dairy Free, HF = Halal, V = Vegetarian, Vg = Vegan

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## **Ride & Stride e-bike subsidies for Merri-bek families**

*We know the current fuel crisis is affecting Merri-bek locals, adding more cost-of-living pressure on families juggling trips to school and work.*

*Merri-bek City Council's Ride & Stride program wants to support families in Merri-bek to make the switch to more affordable and sustainable ways of travelling.*

*Switching from driving to riding an e-bike for the school run can save your family money and time on the morning commute, and it's great for kid's health and wellbeing.*

*Working with two local bike shops, we're offering families **\$500 off the purchase price** of a new or refurbished bike, or **50% off a weekly subscription for 3-months** (up to value of \$500).*

*Offer will go live from Monday 4th May 2026.*

*See the bikes on offer, review the eligibility criteria, and reserve your subsidy today at: <https://zerocarbonmerri-bek.org.au/ebike-subsidies/>*



Merri-bek  
City Council



# Electric bike subsidies for Merri-bek families

**\$500 off purchase or  
50% off 3-month subscription**

## A Ride & Stride initiative

- Available to Merri-bek residents with children at any childcare, kindergarten or primary school within Merri-bek
- Applies to a select range of e-bikes and cargo bikes (including new & refurbished) through local suppliers
- Limited number of subsidies available
- Offer ends 30 June 2026 or until allocation exhausted
- Visit [www.zerocarbonmerri-bek.org.au/ebike-subsidies](http://www.zerocarbonmerri-bek.org.au/ebike-subsidies) or scan the QR code to find out more

SCAN ME



**CARGOCYCLES**

flex  
bike



**Lug+Carrie**



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# FLOW & GROW

Parent & Child Yoga and Wellbeing  
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Yoga Freedom Studio – Avondale Heights  
**SUNDAY MAY 3<sup>RD</sup>**

Child Retreat Ages 3-7  
9:30am to 11:30am

Tween Retreat Ages 8-12  
12:30pm to 2:30pm

Teen Retreat Ages 13-17  
3:30pm to 5:30pm

Scan for bookings and  
retreat information



**RISE UP**  
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[riseupkidsyoga.com.au](http://riseupkidsyoga.com.au)

# DISCOVER MERCY


Saturday 23 May 2026

10.00 am

Tuesday 26 May 2026

9.30 am and 6.00 pm

 9319 9299

 [mercycoburg.catholic.edu.au](https://mercycoburg.catholic.edu.au)



## REGISTER NOW

[mercycoburg.catholic.edu.au/discover-mercy](https://mercycoburg.catholic.edu.au/discover-mercy)

Meet our Principal and engage with current students and staff, gaining first hand insight into our educational offerings and extra-curricular activities.

760 Sydney Road, Coburg (Enter at Gate 1)

*Presentation and tour take approximately 90 minutes.*





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# 1 Day Autism Workshop for Parents and Carers

**Yarraville, VIC**



Scan the  
QR code or  
[click here](#)  
to register



This workshop is for parents, full time carers and grandparents.



**Wednesday**  
**13 May, 2026**  
9:15am to 3:00pm



**Yarraville Club**  
**135 Stephen Street**  
**YARRAVILLE VIC 3013**

Morning tea and a light lunch will be provided




**Interpreters available upon request**

### During the workshop you will learn about:

- The diversity of autism
- Sensory processing
- Working together with your child's school.

Learn more about autism and neurodiversity-affirming ways to strengthen the partnership between home and school.

For more information or to register visit:

 [www.positivepartnerships.com.au/PC](http://www.positivepartnerships.com.au/PC)

 [jfeary@positivepartnerships.com.au](mailto:jfeary@positivepartnerships.com.au)



0477 574 746



# JOIN WEST COBURG FOOTBALL!



- ✓ HAVE FUN & MAKE FRIENDS!
- ✓ BUILD YOUR SKILLS!
- ✓ ENJOY A GREAT TEAM SPORT!

**SIGN UP TODAY!**

Register here:  
<https://www.playhq.com/afl/register/61816a>

Contact our Junior Coordinator, Raoul:  
 0416 556 625 or juniors@wcfc.com.au



# RC CAR RACING

## JOIN THE FUN!

Looking for something fun to do this weekend?  
 We've got an exciting RC toy car racing track set up and ready to go!

**LOCATION:**  
 West end of the netball courts at Charles Martin Reserve, Fawkner

**TRACK TYPE:**  
 On-road track  
 Professionally marked out and running for 8 months!

**WHEN:**  
**SATURDAYS AT 11:00AM**

**EVERYONE IS WELCOME!**

BRING YOUR OWN RC CAR OR BORROW ONE OF OURS AND GIVE IT A TRY!

Whether you're experienced or just curious, **come down, have a drive,** and meet others who enjoy RC racing.

**INTERESTED? GET IN TOUCH!**  
**Frank - 0450 812 106**  
**COME ALONG AND JOIN THE FUN!**

# Here's a FUN FACT



BRUNSWICK  
SECONDARY COLLEGE

We have over  
**100 students** in  
this year's company  
of our upcoming  
production

**LEGALLY  
blonde**

...and I'm first in  
line for hair and  
make-up!



Scan to come on a tour!  
OR FOLLOW THE LINK IN THE BIO  
[www.brunswick.vic.edu.au](http://www.brunswick.vic.edu.au)

**Save a Date** to see Brunswick Secondary College's production of **Legally Blonde**. Clocktower Centre July 23-25. **Tickets on sale in June.**