



Coburg West Primary School

7th April 2023

CWPS ACTIVITY CALENDAR		
DATE	ACTIVITY	DETAILS
Tuesday 25 th April	Anzac Day	Public Holiday
Monday 8 th – Wednesday 10 th May	Grade 5 Camp	TBA
Thursday 11 th May	Professional Practice Day	Pupil Free Day
Wednesday 31 st May	Curriculum Day	Pupil Free Day
Wednesday 21 st June	School Photo Day	All students
Thursday 22 nd June	Parent & Teacher Meetings	TBA
Monday 21 st – Wednesday 23 rd August	Grade 4 Camp	TBA
Monday 6 th November	Curriculum Day	Pupil Free Day

VICTORIAN TERM DATES FOR 2023			
	START	ENDS	LAST DAY DISMISSAL
TERM 1	Monday 30 th January	Thursday 6 th April	2:30pm Dismissal
TERM 2	9am Monday 24 th April	Friday 23 rd June	2:30pm Dismissal
TERM 3	Monday 10 th July	Friday 15 th September	2:30pm Dismissal
TERM 4	Monday 2 nd October	Wednesday 20 th December	1:30pm Dismissal

Dear School Community,

Term One is done and it is hard to believe that the first quarter of our school year is already complete. Congratulations to our grade Prep students who have also completed their first term of school.

CWPS SUPPORT RCH

Earlier this week our school took part in our Switch Up Day. This was a day organised by our Student Leaders, where they asked all students to dress as a staff member, while all staff members were asked to dress as students. This was a fundraiser, with all monies collected being donated to the Royal Children's Hospital Good Friday Appeal. In addition, the Student Leaders held a raffle for students to go into the draw to be either Principal or Assistant Principal for a day.

In 2022 CWPS raised a total of \$774.60, while this year we are very proud of our efforts raising a total of \$1,179.80 for the RCH.



ENROLMENT TOURS

This term I began taking enrolment tours for prospective students to join our 2024 Prep cohort. The Department of Education have updated enrolment forms and enrolment timelines for Government Primary Schools and as such we are now able to start distributing and accepting enrolment forms from the start of Term 2.

We are **Learners** / We are **Respectful** / We are **Safe** / We **Care**

Therefore, if you have any neighbours or friends looking to enrol for 2024, please have them contact the office to arrange a personalised tour.

During Education Week, we are also holding an Open Day on Wednesday 17th May, for prospective families. More information about this and the link to register, follows in this newsletter.

STAFFING UPDATE

As you would be aware, in recent weeks Ms Meta left our staff to take up a position at another school. Since then, we have been trying to recruit a replacement to take over our Performing Arts program however this has proven very difficult. As you may have heard across the media news, there is a staffing shortage across our state and many schools are struggling to even employ classroom teachers. We will be continuing our recruitment drive, in the hope to engage someone as soon as possible.

SOCIAL MEDIA WARNINGS

While it is an ongoing issue, in recent weeks I have received several complaints from parents regarding their concerns with what is going on online. It appears that many of our students are accessing various apps and online chats, with inappropriate conversations and exchanges taking place. I wish to remind families that many of these apps are not age appropriate for primary school students and by law, they should not be accessing these unless they are of a certain age. Regardless, it is important that any such usage be monitored by parents and carers. Given they are being accessed outside of school hours, the school is not responsible for the exchanges that take place.

Following in this newsletter is some information from Mr Copping, regarding an app called SnapChat which it seems many of our students are accessing.

It has been a very busy term for students, staff, and the community, so I wish everyone a relaxing and safe holiday break, until we return on Monday 24th April.

Kind regards,
Mark COLAGRANDE
PRINCIPAL

Dear parents unfortunately, as we do every year, we have had many complaints in regard to what our current and previous students are posting on Snapchat. We remind all parents to be aware of what their children are posting, remind them that the recommended minimum age for this App is 13 years old and that posting something online that harasses or bullies another is strictly illegal. Here are some useful resources from the eSafety commissioners' website:

Snapchat Parents Guide

https://assets.ctfassets.net/gqgsr8avay9x/53kgZlyFD6i4TbPpgzK5r2/4e679d035e89ebda2ab1b47e1c9f1428/20220728_SNAP_FamilyCenter_ParentsGuide.pdf

Tips for staying safe on Snapchat

<https://values.snap.com/safety/safety-center#tips-for-staying-safe>

Snapchat Community Guidelines

<https://values.snap.com/privacy/transparency/community-guidelines>

COBURG WEST PRIMARY SCHOOL



OPEN DAY

INFORMATION SESSION & TOUR

Wednesday 17th May

9:30am or 6:30pm

in the School Hall

For bookings
scan or call

185 - 187 Reynard Street
Coburg Victoria 3058

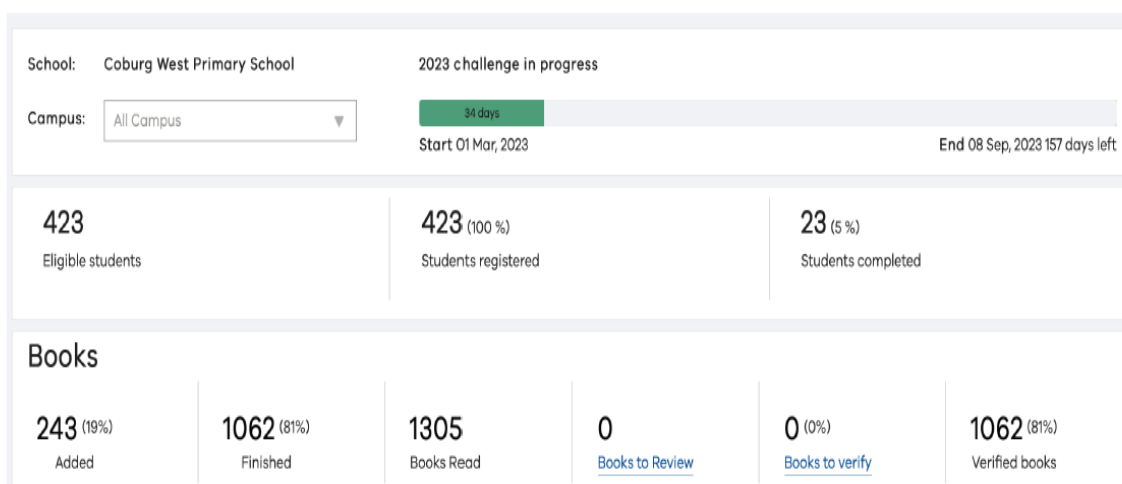
Phone 9386 1286





2023 PREMIER'S READING CHALLENGE

It's so great to see so many students have commenced the Victorian Premier's Reading Challenge. Let's hope so many more students take advantage of some time they may have over the school holidays to enjoy a book or more and participate in the challenge. We already have **23 students** who have completed the challenge, now they continue to read for pleasure and add any additional books to the register to document their year of reading. Well done everyone. This is already a new record for this time of the year!



For those of you who have not yet added any books, it's time to get started. Test your login and add those books. A comprehensive list of over 20,000 books with the recommended reading age can be viewed and explored [HERE](#).

Also remember that all books should be entered no later than **Friday 8th September 2023**.

Good luck and continue reading!

Patricia Amerena

English Leading Teacher



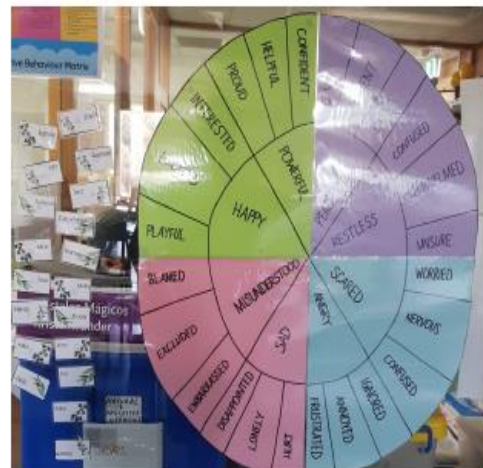
Grade Two: Growing Our Emotional Vocabulary

In Grade 2 this term we have been looking at different ways to grow our emotional vocabulary and intelligence. We have been checking in each day using a class 'feeling wheel'. These are a great way for our students to learn about different emotions.



It is crucial to instill in kids the ability to convey their feelings through language. Naturally, though, it is not always simple for them. They are still learning about their own emotions and coming to terms with some of them.

Children who have a larger emotional vocabulary are better able to recognise and express a variety of emotions, which in turn helps them control their emotions.





Wellbeing Corner

Hi everyone, I'm Allison McKenzie, the Mental Health and Wellbeing Leader (MHWL) in the school. I've provided a photo of me so that you can say hello if you see me around the school! 😊

It's been a great start to the year, and I've been meeting lots of wonderful students and parents as part of my role. The role is part of a Department of Education and Murdoch Children's Research Institute Pilot project to improve the mental health of primary

students in schools, also called MHiPS (Mental Health in Primary Schools).

My role includes:

- Building staff capacity: assisting teachers with students and giving staff presentations
- Contributing to the wellbeing team: addressing student wellbeing school wide
- Collaborating and coordinating mental health support: liaising with teachers, service providers and leadership to get appropriate support for students.
- Advocating for student voice: ensuring students have a say in wellbeing education.
- Promoting a whole school approach: Uniting staff to create wellbeing processes.
- Research and implement evidence-based strategies: assisting teachers with implementing mental health and wellbeing strategies and collecting data on them.
- Create clear referral pathways: establishing processes for student referral.
- Participate in the Communities of Practice: Liaising with other Mental Health and Wellbeing Leaders in schools.

As you can understand, with all of this to begin, it has been a busy start to the year!

Below I've included some great tips for mental health and wellbeing in the holidays and some of the work our students have done for Harmony Day promoting wellbeing and inclusion in the school.

Great tips for your child's mental health on the school holidays

See the website: [mental-health-schools-wellbeing-support-school-holidays-students.pdf](https://www.education.vic.gov.au/mental-health-schools-wellbeing-support-school-holidays-students.pdf) ([education.vic.gov.au](https://www.education.vic.gov.au))

- Exercise boosts mood and mental health – make it fun!
- Nourish your brain by eating healthily – it will also improve your mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things you enjoy
- Practice positive self-talk – and remember you are not alone
- Seek professional help if needed.

Mindfulness resources and activities for students.

Smiling Mind gives you tips on looking after yourself, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change. You may find that these actions are not enough to look after your mental health. Here are some signs you may need some support.

Harmony Day

The Year 5s and 6s participated in some great activities for Harmony Day! Harmony Day and Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone.

The whole school participated in activities celebrating the day and here are some of the student creations!

Year 5R Creations



Year 6 Creations

A big thank you to Iseult Taylor- Year 5 teacher and the Year 6 team- Olivia Franco, Joanne Rigby and Andrew Aitken for your wonderful work with the students on Harmony Day and giving permission to share it in the newsletter! 😊

Have a wonderful Easter everyone!

From Allison McKenzie and the Wellbeing Team.

APRIL

CWPS Community Group News

Welcome to April

Can you believe term 1 is over already!

Our first ever **Moonlight Cinema** was such a success! A big thank you to all the amazing parents who volunteered their time and helped out.

This years **Easter Fundraiser** was very eggs-citing and thanks again to everyone who purchased eggs. We will know a final tally early term 2! Congratulations to Hazel Sartorello in 2N for guessing how many eggs were in the jar!

We already have some exciting things planned for Term 2! See the flyers attached for our **Appreciation Day stall** and **Festival of Mum Lunch** (tickets available via Qkr! now). We'll also be launching a sustainability fundraiser with Zero Co - a great way to give back to the school and the planet.

Happy Easter and enjoy the school holiday break!

What's happening next term..

4th May - Appreciation Day stall

5th May - Zero Fundraiser

12th May - Festival of Mum lunch

TBC - Kids School Disco

TBC - Gnoccheria Food Drive

Volunteer call out Term 2!

Look out for Sign Up's at the start of term 2 for:

- Appreciation Day
- Kids Disco

Dates for the Diary Community Meetings

18 May

7.30pm @ Post Office Hotel

Get involved

email us on cwpscgs@gmail.com or join the [Facebook group](#)

MOONLIGHT CINEMA



Moonlight Cinema was such a success! It was a really fun night for all and we are really grateful to all who bought tickets and came along to support our school. We are thrilled to say we raised just shy of \$5K which will go toward new equipment for classrooms.

A big congrats to **Kate O'Brien** who was the lucky winner of our Easter Raffle Basket!!

As it was the first year of the event, there are some learnings! We're always happy to hear your feedback, so feel free to shoot it through to cwpsc@gmail.com (bearing in mind we are just normal parents, not event professionals so be kind!!)

Thanks again!



Thursday 4th May

Appreciation Stall



A chance for students to purchase gifts to acknowledge and show their appreciation for their mum, carer or a special person in their lives

Details on how to get involved and some of the gifts available will be shared via Compass and Facebook early Term 2

coburg west primary school community

festival OF Mum



12.30pm friday 12 may
woodlands hotel
84 sydney rd, coburg

Tickets \$50 | includes sparkling on arrival and cocktail lunch
Purchase via Qkr

ZERO^{co}



SUSTAINABLE SCHOOLS

A fundraising platform for Aussie schools

Next Term we'll be launching an incredibly exciting sustainability program in partnership with Aussie zero-waste company **Zero Co**. The program is designed to do two things:

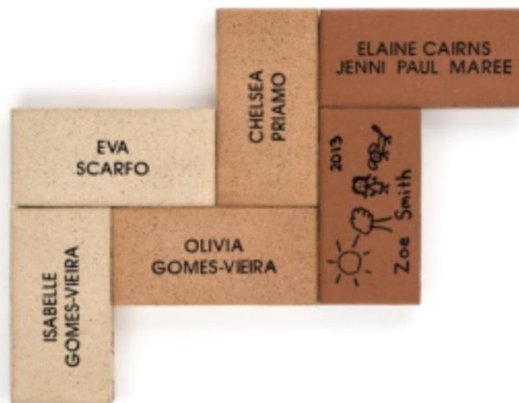
- Raise money for our school.
- Educate our students about Single-use Plastic and Sustainability.

This is a great opportunity for us to raise funds whilst also helping protect our Ocean and Environment. *Plus* students will have the opportunity to win incredible prizes whilst helping their community go single-use plastic free.

Jack from Zero Co will be attending Assembly in Term 2 to explain how you and your family can get involved.

So what do you say? Are you ready to raise money for our school and clean the ocean at the same time?!

COBURG WEST PRIMARY SCHOOL



BRICK FUNDRAISER

Want your name on the Coburg West
walk of fame?

What? CWPS has received a grant to create an outdoor learning space between the gazebo and the gaga pit! But the grant only covers a shade sail, so we're fundraising for groundcover and outdoor furniture...

Cost? For \$40 you'll receive a personalised engraved brick which will be placed in the outdoor learning space!

How? Brick purchases can be made via the QKR App. You can include information over 3 lines, with up to 17 characters per line

**SEE QKR FOR MORE INFORMATION AND LEAVE YOUR FAMILY
A LASTING LEGACY AT CWPS**

BRUNSWICK HOLIDAY CLINIC ENROLMENT NOW OPEN!

***We have school holiday clinics
Now open for enrolment!
Visit strikesoccerschool.com
to find out more!***



'DEVELOPMENT & FUN THROUGH SOCCER'

WANT TO KNOW MORE? CALL COACH LUKE ON 0405 765 943



JOIN NOW!

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WEST COBURG FOOTBALL CLUB



COME JOIN OUR U8 GIRLS, U8 MIXED & U10 MIXED TEAMS

The West Coburg Football Club is seeking more girls and boys to join our U8 Girls Team, U8 Mixed Team & U10 Mixed Team in 2023

U8 & U10 is a perfect way to start playing football

U8 games have zoned sections across forward, mid and back and all players rotate across these sections during the game
The Coach is on the field during the game to support and coach the players

It's all about having fun, making new friends and being part of a team

Training times are as follows

U8 Training: Tuesday 5.15pm – 6.15pm @ Shore Reserve

U10 Training: Thursday 5pm – 6pm @ Shore Reserve

Please feel free to come along to training to have a try, meet the coaches and the team

Contact juniors@wcfc.com.au

Visit: wcfc.com.au