



Coburg West Primary School

FRIDAY 5th May 2023

CWPS ACTIVITY CALENDAR		
DATE	ACTIVITY	DETAILS
Monday 8 th to Wednesday 10 th May	Grade 5 Camp	Grade 5 students
Thursday 11 th May	Staff Professional Practice Day	Pupil Free Day
Monday 15 th May	Open Day	2.30pm
Wednesday 17 th May	Sessions for new families	9:30am & 6:30pm
Thursday 18 th May	Open Day	9:00am
Wednesday 21 st May	School photos	TBA
Wednesday 31 st May	Curriculum Day	Pupil Free Day
Thursday 22 nd June	Parent & Teacher Meetings	TBA
Monday 21 st – Wednesday 23 rd August	Grade 4 Camp	TBA
Monday 6 th November	Curriculum Day	Pupil Free Day

VICTORIAN TERM DATES FOR 2023			
	START	ENDS	LAST DAY DISMISSAL
TERM 2	Monday 24 th April	Friday 23 rd June	2:30pm Dismissal
TERM 3	Monday 10 th July	Friday 15 th September	2:30pm Dismissal
TERM 4	Monday 2 nd October	Wednesday 20 th December	1:30pm Dismissal

Dear School Community,

It has been another busy start to term two, but we are fortunate that our students are able to easily settle back into school life and learning after the holidays.

SEESAW USE P-6

Starting this term, teachers across our school will be utilising the SeeSaw App as an additional source of communication with families. As has been happening across Prep to Two for some time now, all teachers will be using the App to share students' learning achievements with their families. The aim is that at least once a week each family will receive a personalised message relating to their child's learning.

Given not all teachers are familiar with the App, everyone will be spending this term familiarising themselves with it and as such we ask that you are patient and understanding, as it may take a little getting used to for everyone.

PUPIL FREE DAYS

Please be reminded that we have two Pupil Free Days coming up. The first is this coming Thursday 11th May and the second being Wednesday 31st May. These days have been allocated as a whole staff Professional Practice Day and a Curriculum Day respectively.

Our OSHC Team is offering care on each of these days and bookings are required. Please see the COMPASS Newsfeed for information or call the OSHC Team directly.

We are Learners / We are Respectful / We are Safe / We Care

ZERO Co

Last Monday all students met Jack from Zero Co, who informed us all about the impact that plastics are having on our environment. While we all do our best to recycle, I was not aware that plastics can only be recycled three times and then go into landfill.

Our Community Group, Sustainability Student Leaders and Building Grounds and Sustainability Subcommittee of parents, have joined forces to work with Zero Co to make a difference. While this is a worthy cause, it is also a fund-raising project for our school. There is more information from our Community Group following in this Newsletter.

Within these first four days, we have already had 135 students sign up so that their family and friends can purchase the products and by doing so they have already raised \$293 for our school. Congratulations to Georgia from 3S who was the lucky student drawn by Zero Co, to win the Nintendo Switch.

For those families who were already signed up to Zero Co, the refills have been included so your children can also take part.

PARENT PAYMENTS STILL OPEN

For those families who have not yet done so, the 2023 Parent Payments are still open. These voluntary contributions help cover the cost of all supplies and materials used by the children in their learning throughout the year. While this includes their daily use of stationery items such as pencils, glue and paper, it also covers the costs of art supplies, maths or science resources and reading materials.

These payments can be made via the COMPASS App, please see the COMPASS Newsfeed for more information.

STUDENT ABSENCES

Families are reminded that any student absence should be recorded on COMPASS. It is important that families do this as soon as possible when a child is absent. If you have any difficulty in doing so, please contact the school office for assistance.

Thank you once again to our amazing parent volunteers on the Community Group who once again put on an amazing stall for students to buy a special gift for their mothers, grandmothers, aunts, or special person in their life. I am sure we will have many happy school community members unwrapping their gifts next weekend.

Keep warm and dry as we move closer to winter.

Kind regards,
Mark COLAGRANDE
PRINCIPAL



Just some of the product range available
from Zero Co, on display at our office.

CWPS VALUES CERTIFICATES

We Are Learners / We Are Respectful / We Are Safe / We Care

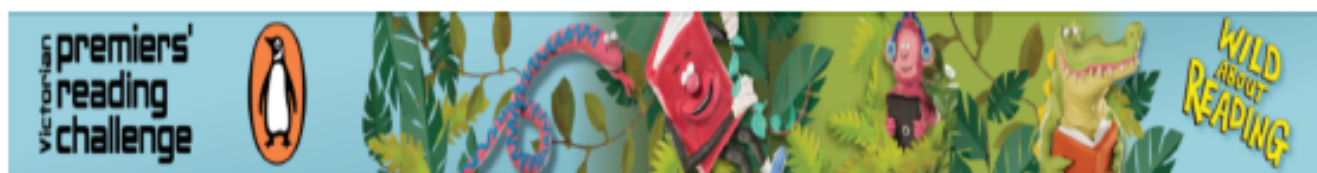
Grade	Student	Value	Student	Value	Presented by
Prep Y	All students	We Are Respectful			Ms. Youla
Prep L	All students	We Are Respectful	Matilda	We Are Learners	Mrs Lebon
Prep S	All students	We Are Respectful			Mrs Lontos
1D	Audrey	We Are Learners	Kaylin Fletcher	We Are Learners We Are Learners	Mr Peric
1E	Scarlett	We Are Respectful	Donnie Archer	We Are Learners We Are Respectful	Ms Esposito
2C	Ivy Selena	We Are Respectful We Are Learners	Ava	We Care	Ms Cavoli
2F	Augie	We Care	Elena Scott	We Are Respectful We Care	Ms Fonte De Vos
2N	Andre	We Are Safe	Mila Isaac	We Are Safe We Care	Mr Niciak
3B	Ella	We Are Learners			Ms. Blackman
3R	Clyde	We Are Learners	Scott Molly	We Are Respectful We Care	Mr Robinson
3S	Amelia	We Care	Asha Massimo	We Are Learners We Are Learners	Mrs Spiteri/Mrs Pavich
4K	Hayman	We Care	Seb Kitana	We Are Learners We Are Respectful	Mr Krauss
4M	Audrey	We Are Respectful	Patrick Vincent	We Are Respectful We Are Learners	Ms McKenzie/Ms Corn
4P	Ewan	We Are Respectful	Iggy	We Are Respectful	Mrs Chimirri
5M	Joel	We Are Respectful	Ava Gemma	We Are Respectful We Care	Ms Mardesic
5R	Lili	We Care	Lani Tarquin	We Are Respectful We Care	Ms Taylor
5T	Rosie Nicholas	We Are Respectful We Are Learners	Matilda Nick	We Care	Mr Torpey
6A	Lia Max	We Are Learners We Are Learners	Katie	We Care	Mr Aitken
6F	Angela	We Are Learners	Saskia Eric	We Are Learners We Are Learners	Ms Franco
6R	Florence	We Are Respectful	Georgie Callum	We Are Learners We Are Learners	Mrs Rigby

CWPS GOOD CITIZENS

These students are acknowledged and thanked by their House Captains for being Good Citizens by exhibiting positive behaviours which reflect our School Values.

	28 th April	5 th May
Green House	Zach 5M	Peter 3R
Red House	Lily 2N	Sofia 3B
Gold House	Amber 4M	Isaac 2N
Blue House	Logan 2N	Hannah 6A

We are Learners / We are Respectful / We are Safe / We Care



2023 PREMIER'S READING CHALLENGE

Here's the Premier's Reading Challenge update, keep up the amazing efforts and keep logging those finished books! As a school we've collectively read 2174 books and 32 students so far have completed this year's challenge.

School: Coburg West Primary School		2023 challenge in progress	
Campus: All Campus		<div> <div></div> <div>32/100</div> </div>	
Start: 01 Mar, 2023		End: 08 Sep, 2023 128 days left	
423 Eligible students	423 (100%) Students registered	32 (1%) Students completed	
Books			
373 (1%) Added	1801 (85%) Finished	2174 Books Read	0 Books to Review
			0 (0%) Books to verify
			1801 (85%) Verified books

This week's Top Favourite books are:

Top Rated	Most Read	Top Favourites
Author	Title	
	Deutsch, Barry	Moon rising the graphic novel
	Lisi, Barry	Downeast
	Sutherland, Tui	The last hair the graphic novel
	Mahood, Margaret	Sisters
	Travençolo, P.J.	Henry Popping
	Williams, Mo	The pigeon needs a bath
		Shout out to the girls a celebration of awesome Australian women
		High five to the boys a celebration of awesome Australian boys
	Whiberg, Jonnet	Dingo
	Ball, Darren	Sally Superwoman

Maybe you could add some of these titles to your reading list?

Patricia Amerena
English Leading Teacher

COBURG WEST PRIMARY SCHOOL



OPEN DAY

INFORMATION SESSION & TOUR

Wednesday 17th May
9:30am or 6:30pm
in the School Hall

For bookings
scan or call

185 - 187 Reynard Street
Coburg Victoria 3058

Phone 9386 1286





Wellbeing Corner

Hi everyone, welcome to Term 2!

Teachers have hit the ground running with wellbeing lessons and check ins this term. In term 1 teachers received professional development on Mental Health and Wellbeing in Schools (MHIPS) including the Children's Wellbeing Continuum, delivered by myself, Dan Copping and Matt Niciak.

The Children's Wellbeing Continuum.

The Children's Wellbeing Continuum is one of the evidence-based tools developed by MHIPS Director, Prof Frank Oberklaid to support conversations around children's wellbeing. By using words like good, coping, overwhelmed, and struggling, it reduces the stigma around talking about mental health and creates a common language for teachers and parents.

By using the Children's Wellbeing Continuum teachers can identify students who are struggling or overwhelmed over a 4-week period and link them to early support services. Teachers have been implementing the continuum, also referred to as the wellbeing check in tool, with students in their classrooms, with great success and it can work well at home too!

The Children's Wellbeing Continuum



The Children's Wellbeing Continuum is represented below and can be found at the link: [Game-changing tool to support children's mental health and wellbeing - Mental Health in Primary School \(MHIPS\)](#)





Agatha Blatti, our STEM specialist was kind enough to allow me to take a photo of the continuum she has been using with students in the STEM room.



The table below can be used by teachers for tracking student wellbeing via the Children's Wellbeing Continuum, over 4 weeks.

Using the Continuum

To use the Continuum, reflect on a child's wellbeing over the past four weeks using the table below.

	Good 	Coping 	Struggling 	Overwhelmed 
Emotions				
Behaviour				
Social relationships				
Thoughts				
Sleep				
Energy				
Routines, rhythms and rituals				
Learning				

Feelings Wheels

I have been taking small focus groups on Wellbeing for Year 4s and Year 6s. Last term the Year 4s learned about different words they can use to express their emotions using a Feelings Wheel. They chose to create their own wheel depending on the level of vocabulary they were happy using. Students will be using these in their classroom to check in with how they are feeling and let others know how they are feeling.

Learning to talk about our emotions is called Mental Health Literacy. An increase in Mental Health Literacy has been found to improve our mental health and assist with coping with emotions. It makes sense that being able to talk about our emotions more easily, helps us with decreasing the intensity of those emotions! 😊



Please see the photos for some of the student's Feelings Wheels made during small groups.





I hope you have all been enjoying the first couple of weeks of Term 2 and make sure to check in on how you're feeling! 😊

From Allison McKenzie and the Wellbeing Team.

Rocketeers Program



Coburg West Primary School

Our Grade Four students learnt about Aerodynamics for their STEM unit of work. We focussed on the four forces acting on an aircraft such as thrust, drag, lift, and weight. We designed and created paper planes, egg drop parachutes and bottle rockets to help us understand how the four forces acted on the different models.

The program immersed our students into practical engineering and physics concepts, covering everything from designing their own model spacecraft, collaborating in teams, to working with basic electronics and finally launching their rocket creations.

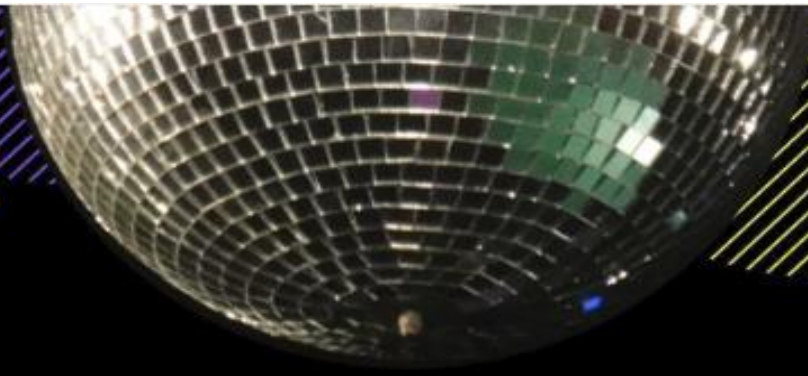
The students showcased their rocket creations to their families and friends. We organised an after school rocket launch event where we competed against other teams to see which rocket went the highest. One of the teachers had a stop watch to measure the time each rocket was launched to the amount of time it took to hit the ground. This is how we calculated the height.

The winners were then announced and they each received a rocket trophy.

Our students gained valuable skills and expertise in the foundations of designing with acknowledgement and appreciation of Physics and Mathematics. Overall, it was a blast!!



We are **Learners** / We are **Respectful** / We are **Safe** / We **Care**



GET YOUR DANCE MOVES READY

COBURG WEST

DISCO

**FRIDAY
26TH MAY**

**PREP, GRADE 1 & 2 - 6PM TO 7PM
GRADES 3, 4, 5 & 6 - 7:30PM - 9PM**

TICKETS NOW AVAILABLE ON QKR!

SUSTAINABLE SCHOOLS

presented by...
ZERO^{co}



Coburg West Primary School

Help raise money for your School
and stop Single Use Plastic.

How does it work?

1. Create a Fundraising Page and get your Family to go Single-use Plastic Free by sending them to your page.
2. Every time they buy some Zero Co from your fundraising page you will be raising money for your School and be winning Awesome Prizes!

Example:

Get your Mum to buy 1 Dish Washing Liquid combo and 1 Laundry Liquid Combo and you will win Lego Mini Figures!



+



=



**+\$10 raised
for School.**

ZERO^{co}

We're excited to announce that Coburg West Primary is doing a pilot sustainability fundraiser with Zero Co to raise money for our school and learn about how we can better take care of our planet. Zero Co is a special company that helps solve the Single Use Plastic problem. Australians on average use more than 50kg of single use plastic every year. This equates to more than 3 million tonnes of plastic chucked in the bin each year. That's a pretty crazy number. We're joining in on a mission to make that Zero.

During this Fundraising program, students create their own fundraising page. They can share with family and friends to buy Zero Co's products, like hand soap, shampoo, and laundry liquid. These products are special because they don't come in plastic bottles that you throw away. Instead, they come in refill pouches that you can use to fill up a special bottle called a Forever Bottle (made from Ocean, Beach and Landfill bound plastic). Plus, for every empty refill pouch that is returned to Coburg West Primary, the school earns 10 cents!

Not only can students help raise money for the school, but they can also help clean up our oceans and beaches by using Zero Co's products. That's really important because we want to take care of our planet and make it a better place for future generations. We're aiming to raise \$1500 to help us better manage our waste at school. If you want to support this program, you can sign up your student by visiting this website:

<https://bit.ly/coburgwest>.

The fundraiser will last for 30 days, and any products you buy will be shipped directly to your door. Plus, there will be prizes for students – those who sign up in the first week go in the draw to win a Nintendo Switch and the class with the most sign ups wins a pizza party! There are also more prizes along the way.

A team member from Zero Co named Jack will also be coming to the School on Monday 1st of May to kick off this fantastic initiative and teach our students all about the Single Use Plastic problem and how we all need to work together to solve it! Ask your child about what they learn on Monday.

WANNA PLAY FOOTY?



**SPOTS AVAILABLE
UNDER 10S, 12S, 14S, 16S**

**TRAINING WEDNESDAYS
AND FRIDAYS 5PM - 6PM**

Contact Ness 0400 063 027

**SOCIAL SOCCER
FOR ALL WOMEN
INCLUSIVE,
JUDGEMENT FREE FUN.
DURING SCHOOL TERMS
FRIDAYS & SATURDAYS**



Perfect for beginners and social players.
It's your time, where you're active, connecting with your community and learning new skills.

Fridays 5:45 - 6:45pm
Saturdays 10 - 11am

Dunstan Reserve, Brunswick West

Cost per session: \$10 for community

\$5 for Culturally Diverse community

Free for Brunswick City SC members

Register at

<https://www.gofootball.com.au/play/pick-your->





GIRLS SOCIAL SOCCER SATURDAYS 10-11AM DURING SCHOOL TERMS



Our girls-only social soccer program for ages 5 - 12 is beginner friendly, loads of fun & only \$12 per session.

Dunstan Reserve Brunswick West

For more info, contact
socialgirls@brunswickcitysc.com.au

Register here:
<https://form.jotform.com/223597642493871>





BOOK NOW TO SAVE 30%*



SCAN ME

USE CODE SASC30

TO REDEEM ADD THIS CODE IN THE COUPON SECTION TO SAVE \$99*

- High-Quality programs for 5 to 15 year old's
- 9 am to 3 pm each day
- Delivered by qualified coaches
- For children of all skill levels
- Bring friends along and we will group you!



**BRIGHTON | PARKVILLE | BULLEEN | BURWOOD
MARIBYRNONG | CANTERBURY | HAWTHORN | KEW
MOONEE PONDS | DONCASTER | HAMPTON | ELWOOD**



**1300 914 368
admineaustraliansportscamps.com.au
<https://australiansportscamps.com.au>**

NOT APPLICABLE TO PARTNER PROGRAMS



We are Learners / We are Respectful / We are Safe / We Care