



# Coburg West Primary School

Friday 19<sup>th</sup> May 2023

## CWPS ACTIVITY CALENDAR

DATE	ACTIVITY	DETAILS
Monday 22 <sup>nd</sup> May	Gr 4 Science Works	9.30am – 2.30pm
Monday 22 <sup>nd</sup> May	Gr 6 Economics Excursion	11.30am to 3.30pm
Wednesday 31 <sup>st</sup> May	Curriculum Day	Pupil Free Day
Monday 5 <sup>th</sup> June	Gr 5 Ceres Excursion	9.20am to 3pm
Tuesday 6 <sup>th</sup> June	Prep Traffic School Excursion	9.30am to 3pm
Tuesday 6 <sup>th</sup> June	Grade 5 Robotics Excursion	
Monday 12 <sup>th</sup> June	Public holiday	Pupil Free Day
Thursday 15 <sup>th</sup> June	Grade 3/4 Excursion	ACMI 9.00am to 3pm
Monday 19 <sup>th</sup> June	Grade 6 Market Day	11.:30pm to 1:30pm
Wednesday 21 <sup>st</sup> June	School photos	TBA
Thursday 22 <sup>nd</sup> June	Parent & Teacher Meetings	TBA
Monday 21 <sup>st</sup> – Wednesday 23 <sup>rd</sup> August	Grade 4 Camp	Mt Evelyn
Monday 4 <sup>th</sup> - Monday 11 <sup>th</sup> September	Grade 6 Writers Festival	9:00am to 11:00am
Monday 6 <sup>th</sup> November	Curriculum Day	Pupil Free Day
Tuesday 7 <sup>th</sup> November	Melbourne Cup	Pupil Free Day

## VICTORIAN TERM DATES FOR 2023

	START	ENDS	LAST DAY DISMISSAL
TERM 2	Monday 24 <sup>th</sup> April	Friday 23 <sup>rd</sup> June	2:30pm Dismissal
TERM 3	Monday 10 <sup>th</sup> July	Friday 15 <sup>th</sup> September	2:30pm Dismissal
TERM 4	Monday 2 <sup>nd</sup> October	Wednesday 20 <sup>th</sup> December	1:30pm Dismissal

### Dear School Community,

We are already almost halfway through Term 2, and we have had so much going on in the past fortnight with grade 5 camp, excursions, and cross country, all providing our students with wonderful learning experiences.

### CURRICULUM DAY and PARENT & TEACHER MEETINGS

Please be advised that we have our third Curriculum Day coming up on Wednesday 31<sup>st</sup> May and this is a Pupil Free Day. OSHC will be providing care on this day so go to our COMPASS Newsfeed for information and booking details. Furthermore, on Thursday 22<sup>nd</sup> June, we will be holding our Parent and Teacher Meetings for Semester 1 reporting. On this day, students will attend school from 9am and be dismissed at the earlier time of 1:30pm, to enable our meetings to commence at 2pm. As usual, all meetings will be held in the Gym on a 10-minute cycle. Booking information will be made available closer to the date.

### ZERO & Co UPDATE

With a fantastic effort from our school community, by the end of the second week we already had 42 families signed up with ZERO Co, to go Single Use Plastic free in their homes. Meaning that our school community will be stopping potentially tonnes of plastic from ending up in landfill in years to come. Of course, we hope that more families sign up and we stick with ZERO Co after our current fund-raising campaign ends.

By the end of the second week, we had already raised \$714 for our school.

We are Learners / We are Respectful / We are Safe / We Care

While at our assembly it was also announced that 1E was the class who had the most students signed up by the end of week two and as such, the whole class will soon be enjoying a Pizza Party.

It is not too late to join, so please see the information provided by the Coburg West School Community Group following in this Newsletter.

### **FLU SEASON & OTHER ILLNESSES**

As you may have seen reported in the news recently, we are heading into cold and flu season. There seems to be several strains circulating which are having severe reactions in children. Adding to this, COVID is still circulating.

Please be reminded that if your child is unwell and particularly if they have flu like symptoms such as fevers, coughs, sneezing or runny noses, we ask that you keep them at home until these pass and your child is well enough to return. If you do feel your child is well enough to come to school while having such symptoms, you may wish to consider them wearing a face mask, so that other children are protected, and we do not have an outbreak across our school.

### **2024 ENROLMENTS ARE OPEN**

If you are an existing member of our school community and have a child ready to start school next year, please feel free to pass by the office to collect an enrolment pack for Prep 2024. Likewise, if you have a friend or neighbour with a child ready to start next year, please advise them to contact the office to arrange an enrolment tour.

### **PARENT PAYMENTS STILL OPEN**

For those families who have not yet done so, the 2023 Parent Payments are still open. These voluntary contributions help cover the cost of all supplies and materials used by the children in their learning throughout the year. While this includes their daily use of stationery items such as pencils, glue and paper, it also covers the costs of art supplies, maths or science resources and reading materials.

These payments can be made via the COMPASS App, please see the COMPASS Newsfeed for more information.

### **STUDENT ABSENCES**

Families are reminded that any student absence should be recorded on COMPASS. It is important that families do this as soon as possible when a child is absent. If you have any difficulty in doing so, please contact the school office for assistance.

Keep well and enjoy the coming fortnight.

Kind regards,  
**Mark COLAGRANDE**  
PRINCIPAL



GRADE 5 CAMP  
@  
Gundiwindi  
Lodge



# CWPS VALUES CERTIFICATES

**We Are Learners / We Are Respectful / We Are Safe / We Care**

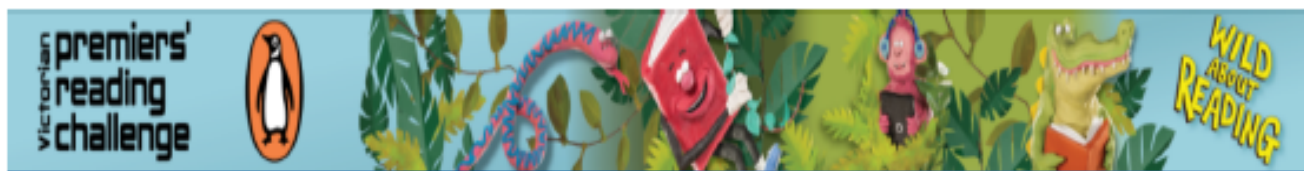
Grade	Student	Value	Student	Value	Presented by
Prep L	Ned	We Are Learners	Vivian	We Are Learners	Mrs Lebon
Prep S	Sonny	We Are Learners	Noah	We Are Learners	Mrs Lontos
Prep Y	Sonny	We Are Learners	Alistair	We Are Learners	Ms. Youla
1D	Addie & Ivy	We Care	Peter	We Care	Mr Peric
1E	Alistair	We Are Learners	Amy	We Are Learners	Ms Esposito
2C	Mary	We Are Learners			Ms Cavoli
2N	Hazel	We Are Learners			Mr Niciak
3B	Anna	We Are Learners	Oscar	We Care	Ms. Blackman
3R	Whole Grade	We Are Respectful	Lukas	We Are Respectful	Mr Robinson
3S	Grace	We Care	Siena	We Are Learners	Mrs Spiteri/Mrs Pavich
4K	Noah	We Are Respectful			Mr Krauss
4M	Niamh	We Are Learners	Erol & Hudson	We Are Learners	Ms McKenzie/Ms Corn
4P	Iggy	We Are Learners	Alik	We Are Learners	Mrs Chimirri
5M	Alvie	We Are Respectful	Emily	We Are Learners	Ms Mardesic
5R	Felix	We Are Safe	Kleo	We Are Learners	Ms Taylor
5T	Mia	We Are Learners			Mr Torpey
6A	Alice	We Are Respectful	Christian	We Care	Mr Aitken
6F	Alessio	We Are Learners	Estelle	We Are Learners	Ms Franco
6R	Mila	We Are Learners	Felix	We Are Learners	Mrs Rigby

## CWPS GOOD CITIZENS

These students are acknowledged and thanked by their House Captains for being Good Citizens by exhibiting positive behaviours which reflect our School Values.

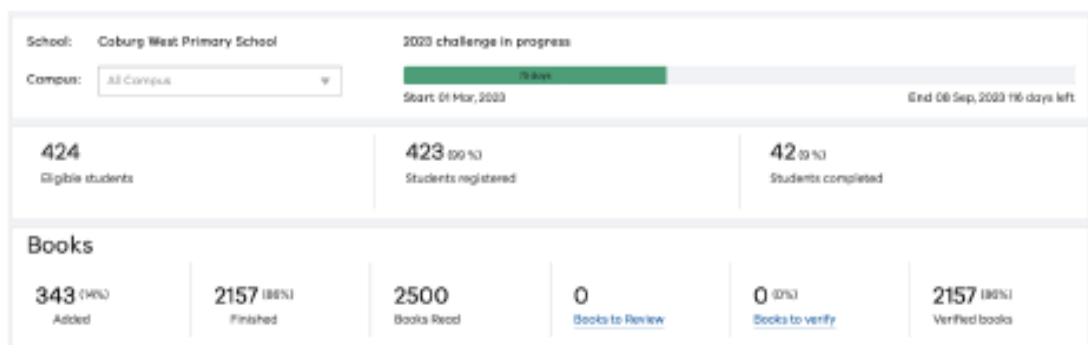
	12 <sup>th</sup> MAY	19 <sup>th</sup> MAY
<b>Green House</b>	Jack 2N	Emily W 5M
<b>Red House</b>	Thomas PS	Ella 2F
<b>Gold House</b>	Clyde 3R	Zayn 2C
<b>Blue House</b>	Katie 6A	Sam PL

**We are Learners / We are Respectful / We are Safe / We Care**



## 2023 PREMIER'S READING CHALLENGE

Here's the Premier's Reading Challenge update, keep up the amazing efforts and keep logging those finished books!



Thank you also to all those students who have been leaving some great book reviews for others to read. It helps make choosing the next book to read so much easier. Here are some student book reviews:



**Do, Anih. Show Time!**

★★★★★

Mum read it with me. I want to read all of the Hotdog books!

**By Archer L. Grade 1**



**Freedman, Claire**

How to nab a rabbit by the big bad wolf (absolutely foolhardy!)

★★★★★

It has a laugh out loud touch of humour 😄

**By Ella L. Grade 3**




**Walliams, David.**

The world's worst pets

★★★★★

The book was good because it had a lot of different stories in each chapter. I especially liked the story which was about a super villain cat.

**By Rosina Z. Grade 3**



**Harvey, Jacqueline.**

Alice-Miranda in New York

★★★★★

Really good every part was exciting.



**Pilkey, Dav.**


Cat kid comic club: perspectives

★★★★★

I liked that Melvin and Haasni don't really like each other but when Melvin made a book about his sister Haasni, they became best friends. It touched my heart.

**By Amber C. Grade 4**

**By Hannah P. Grade 4**



**Seuss, Dr**

I can read with my eyes shut!

★★★★★

I liked it sooo much. 😊

**By Harvey W. Grade 2**



**Carle, Eric**

Count with the very hungry caterpillar

★★★★★

It was really good!

**By Mason W. Grade 1**

Looking forward to reading more book reviews!

Patricia Amerena  
English Leading Teacher



## Wellbeing Corner



### Features

- Corey Robinson and the Year 3/4 inquiry into Positive Collaboration
- A reminder about sleep- How much is enough for kids?

Hi everyone, today the Wellbeing Team would like to feature the Year 3/4 Wellbeing Inquiry in Corey Robinson's class.

Each year level created a wellbeing inquiry to assist students with improving their wellbeing in a targeted area, in classrooms. The Year 3/4 team focussed on positive collaboration to enhance class teamwork. The focus for inquiry was on how collaboration/problem solving skills increase the understanding of and confidence in working collaboratively.

### Why is sleep important for wellbeing and mental health?

Kids need enough sleep for healthy growth, learning and development. However, many children don't get enough sleep, and this can lead to mental health issues. Lack of sufficient sleep at a young age has been correlated with problems with weight, mental health, behaviour, cognitive performance, and emotional regulation, according to The Sleep Foundation.

### How much sleep do kids need?

As the weather gets colder and the days get shorter, we naturally start to wind down approaching winter, and this means we may need more sleep than usual. It is recommended by The Sleep Foundation that children 3-5 years old need 10-13 hours and school age children, 6-12 years old need 9-12 hours a day.

### What factors impact sleep?

Factors that reduce sleep	Factors that support sleep
Changing bedtimes and lack of routine	Regular bedtime and wake times
Use of electronic devices or TV before bed	Minimising blue light from TV or other devices
Challenges with anxiety, mood, or mental health, or feelings of stress before bedtime	Engaging in mindfulness or meditation practices for kids can assist with anxiety and sleep challenges. Great apps include: Smiling Mind and Head Space
Biological clock shifts like more hours of light in summer	Ideal sleep environment including a dark, quiet, comfortable room
Increased time doing activities before bed	Daytime physical activity and a relaxing sleep routine before bedtime.

By Allison McKenzie

Information adapted from:

[How Much Sleep Do Babies and Kids Need? | Sleep Foundation](#)

[Promoting adequate sleep in young people | Australian Institute of Family Studies \(aifs.gov.au\)](#)

## Positive Student Collaboration

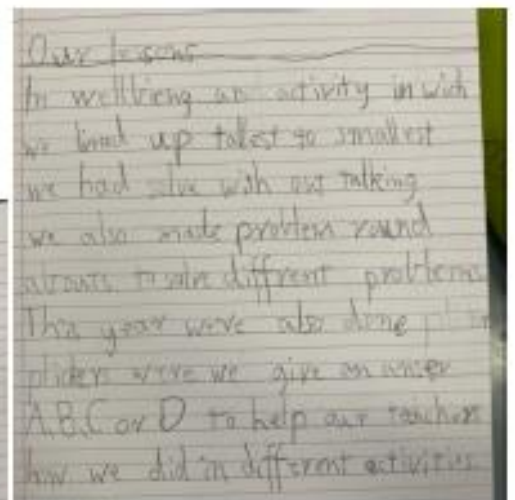
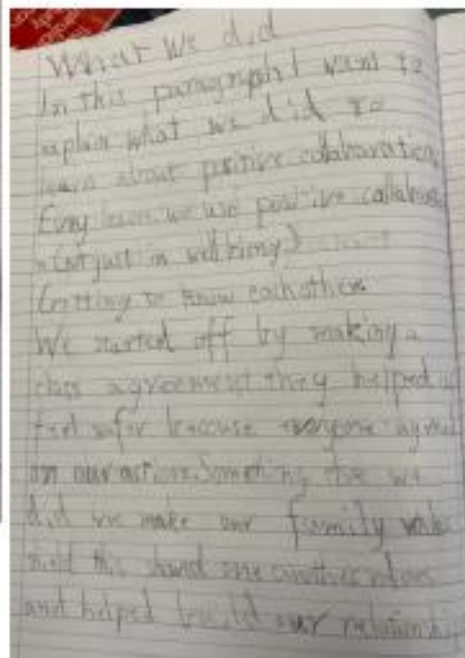
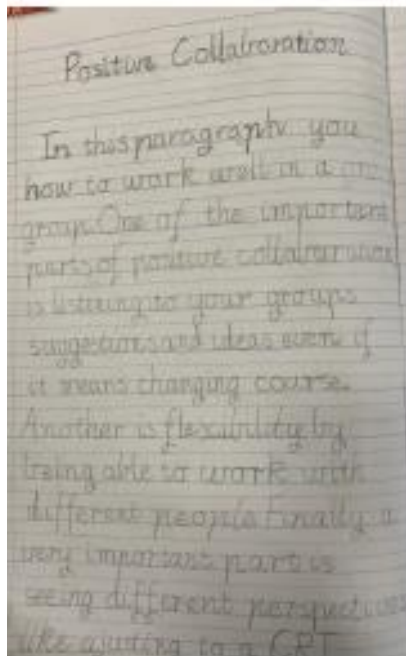
By Corey Robinson

As the weather gets colder, I feel like the weeks are getting faster! We're almost at the halfway mark for the term and before we know it, we'll all be back in the large hall together! As some of you might already be aware, this is the time teachers begin reflecting on our students' growth and development. Reports can sometimes feel stressful for students and often in these times, they can lose sight of the big picture and how far they've come.

With that said, I am delighted to share the Grade 3/4's remarkable achievements in the area of positive collaboration. Over the course of our Term One unit, our young learners have not only grasped the concept of positive collaboration within our school community but have also applied it effectively in various aspects of their education. I am truly proud of their journey and the strides they have taken in maturing since the beginning of this year.



In their insightful reflections, Lucas and Imogen in 3R have beautifully articulated their understanding of positive collaboration and recognise the factors of the environment that foster this mindset. It is heartening to see how these experiences have not only strengthened their ability to work harmoniously with their peers but also impacted their overall growth across different areas of the curriculum. These student samples serve as a testament to the power of reflection on learning and how it empowers our children to evolve and thrive.





MAY

# CWPS Community Group News

## Welcome to May!

We have had such a strong start to term 2! **ZeroCo fundraiser** – don't forget there's still time to register, with new products launched this week and refills now available. See the flyers for more info! **Appreciation/Mother's Day Stall** – thanks to all our wonderful volunteers – we hope everyone had a special day, the kids certainly did buying the gifts! Such a great turn out to the **Mother's Day lunch** and great to see so many new faces in the community.

**DON'T FORGET** – The annual kids **Disco** is happening next Friday night (26th May) Tickets can be purchased via Qkr. It is always such a fabulous night for the kids so make sure your child doesn't miss out! DJ, photo booth and more!

**Beanies and scarves** – there is a small amount of stock available at office – otherwise they will be available for pre-order soon!– CWPS Beanies and Scarves will be available again for purchase towards the end of term 2.



## What's happening this term..

**26th May** – Kids School Disco

**End of May** – ZeroCo finishes

**TBC** – Food Drive

## Volunteer call out Term 2!

### Sign Up for Disco

Still spots available for next week – sign up here:

<https://signup.com/go/zQYxPfa>

## Dates for the Diary Community Meetings

15th June

**7.30pm (venue TBC)**

## Get involved

email us on  
[cwpscgc@gmail.com](mailto:cwpscgc@gmail.com) or join the  
[Facebook group](#)





GET YOUR DANCE MOVES READY

**COBURG WEST**

**DISCO**

**FRIDAY  
26TH MAY**

**PREP, GRADE 1 & 2 - 6PM TO 7PM  
GRADES 3, 4, 5 & 6 - 7:30PM - 9PM**

TICKETS NOW AVAILABLE ON QKR!



## SUSTAINABLE SCHOOLS

presented by...  
ZERO<sup>CO</sup>



### Coburg West Primary School

Help raise money for your School  
and stop Single Use Plastic.

## How does it work?

1. Create a Fundraising Page and get your Family to go Single-use Plastic Free by sending them to your page.
2. Every time they buy some Zero Co from your fundraising page you will be raising money for your School and be winning Awesome Prizes!

### Example:

Get your Mum to buy 1 Dish Washing Liquid combo and 1 Laundry Liquid Combo and you will win Lego Mini Figures!



=



+ \$10 raised for School.

ZERO<sup>CO</sup>

Thanks to the community for getting on board with our sustainable schools promotion! Huge congratulations to Georgia B who won the Nintendo Switch for being one of the first to sign up, and to **1E for winning the Pizza Party** as the first full class to sign up!

At the start of week 3 we had raised almost \$1,000! We still have one more week to go and you can still jump on board to raise money for our school sustainability program and win great prizes.

## We know there have been a few questions...

- Each product earns a different amount of money (see next page for some examples). You can see all of the different products and the amounts they raise once you sign up. We've also put a **price list at the office along with lots of lovely samples.**
- Your child starts earning prizes once they have raised \$10. See next page for some example prizes.
- You can sign up multiple children under one account.
- **We raised the issue of refills with Zero and they have now added refills to the promotion - love a business who listens to their customers!**
- If you cannot change your avatar make sure you are clicking "edit profile" and try doing it on desktop rather than mobile
- The promotion will run for a month - we are currently in week 3
- You can share the promotion with family, friends, work colleagues, on facebook
- Once the promotion is over you can bring your refills in and Zero will collect them, giving our school 10c per refill
- There is a helpful list of FAQs at the bottom of the page
- **There were two new products launched this week - Fabric Softener and a New Deodorant**



# EXAMPLE PRIZES AND PRODUCTS

## Prize list



### PRIZE 1

Choose one of these



★ Raise \$10–\$19

### PRIZE 2

Choose one of these



★ Raise \$20–\$29

### PRIZE 3

Choose one of these



★ Raise \$30–\$49

### PRIZE 4

Choose one of these



★ Raise \$49–\$74

### PRIZE 5

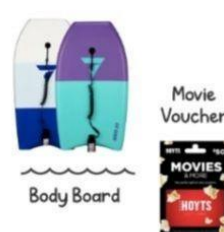
Choose one of these



★ Raise \$75–\$99

### PRIZE 6

Choose one of these



★ Raise \$100–\$149



Bodywash Combo (Mandarin, Finger Lime...)

\$20.99

\$3 Raised

ADD TO ORDER



Bodywash Refill

\$15

\$2 Raised

ADD TO ORDER



Air Freshener Combo

\$11.99

\$2 Raised

ADD TO ORDER



Bathroom & Shower Cleaner Combo

\$11.99

\$2 Raised

ADD TO ORDER



Bathroom & Shower Cleaner Refill

\$7

\$1 Raised

ADD TO ORDER



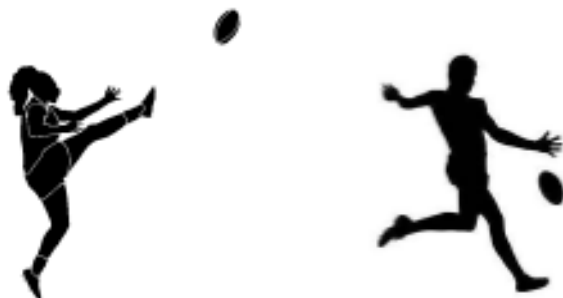
Stainless Steel Pegs

\$29.99

\$5 Raised

ADD TO ORDER





## **\*\* SHORE RESERVE SHOWDOWN 2023 \*\***

**2pm, Sunday 20<sup>th</sup> August [date TBC] 2023**

**Australian Rules football (AFL) match between:**

**COBURG WEST P.S. WARRIORS vs PASCOE VALE SOUTH P.S. PANTHERS**

After a fantastic showing in 2022 the popular community fundraising event is back at Shore Reserve, Pascoe Vale South!

Have you always wanted to pull on a pair of football boots? Or are you interested in pulling on your old pair of football boots?

We welcome all interested male and female players, irrespective of skills, fitness and experience to come join us on the football field at the Shore Reserve Showdown.

This match is a modified game of AFL footy between Mums, Dads and carers of the Coburg West Primary & Pascoe Vale South Primary schools, bringing our two communities together to encourage fun, community participation, fitness and raise funds for both schools.

We would love to have you, regardless of your skill level. Please know this is a modified game of AFL footy (Auskick Rules; no tackling, no kicking off the ground.)

TRAINING SCHEDULE
<b>*Joint trainings with Pascoe Vale South PS*</b>
Shore Reserve, Woodlands Ave PVS
Sunday 21st May 3-4pm
Sunday 4th June 3-4pm
Sunday 18th June 3-4pm
<b>*Separated trainings* (CWPS only)</b>
TBC - Shore Reserve or Brearley Reserve, PVS
Sunday 2nd July 2-3:30pm
Sunday 16th July 2-3:30pm
Sunday 30th July 2-3:30pm
Sunday 6th August 2-3:30pm
Sunday 13th August 2-3:30pm

If you are interested, contact the organisers Steve [smoolander@gmail.com](mailto:smoolander@gmail.com), Peter [peter.vranes@gmail.com](mailto:peter.vranes@gmail.com) and Adrian [aida\\_39@hotmail.com](mailto:aida_39@hotmail.com) for details, and fill out our player registration form <https://docs.google.com/forms/d/e/1FAIpQLSdd-eHzfQ9sEL2ccsx22DQZCA7XPEbz8yvshNhpGxMlpJJ5jQ/viewform>

We are also looking for volunteers to assist in various tasks in organising the event, as well as volunteers on game day itself i.e. BBQ, stalls, kids activities, setting up/packing away, cheering...



Dear Coburg West Primary School Community,

Shore Reserve is a much-loved local sporting ground and playground. The existing club rooms, change rooms, and parkland amenities are owned by Merri-Bek Council. The redevelopment of Shore Reserve has been discussed for a number of years by the West Coburg Sports Club with Council however no action has been taken, resulting in the club rooms remaining significantly under-developed.

Shore Reserve is used by the West Coburg Sports Club, which encompasses West Coburg Softball, Netball, Cricket and Football clubs. This covers approximately 1000 members and families across many culturally diverse backgrounds. The ground is also used as an off-lead dog park and has two playgrounds frequented by many local families.

The facilities have no gender-neutral change rooms or a specific prayer room which is unacceptable for any community sport. The facilities need to be inclusive and urgently need new changerooms, toilets, social spaces, and upgraded environmentally sustainable lighting to make the precinct SAFE and USABLE for sporting and public use. Our goal for this ground and facilities is to be a beacon to the community so all local, visiting clubs and organizations can use it in a safe and positive way.

Our local women, girls, and non-binary persons are unable to utilize the facilities to play sport here as they should be in 2023. They are forced to play their sport at secondary grounds. Help us end discrimination in sport.

Currently there is money allocated in this year's council budget for the redevelopment of Shore Reserve [Merri-Bek budget] however we required the support of local schools and our local community to secure this funding proposal.

We are seeking the support of families from Coburg West Primary school by asking you to sign this Change Org petition that has been created by the West Coburg Football Club so we can collectively ask the council to make this a safe and inclusive sporting precinct for all those in our local community.

[Petition - Upgrade Shore Reserve Club Rooms - Change.org](https://chnq.it/yKKqWcVxw6)  
<https://chnq.it/yKKqWcVxw6>

Thank you,  
West Coburg Football Club





**BOOK NOW TO SAVE 30%\***



**USE CODE SASC30**

TO REDEEM ADD THIS CODE IN THE COUPON SECTION TO SAVE \$99\*

**SCAN ME**

- High-Quality programs for 5 to 15 year old's
- 9 am to 3 pm each day
- Delivered by qualified coaches
- For children of all skill levels
- Bring friends along and we will group you!



**BRIGHTON | PARKVILLE | BULLEEN | BURWOOD  
MARIBYRNONG | CANTERBURY | HAWTHORN | KEW  
MOONEE PONDS | DONCASTER | HAMPTON | ELWOOD**



**1300 914 368  
admin@australiansportscamps.com.au  
<https://australiansportscamps.com.au>**



\*NOT APPLICABLE TO PARTNER PROGRAMS\*

**We are Learners / We are Respectful / We are Safe / We Care**

**MERCY COLLEGE**

# **ARTS IN MOTION**

## **DANCE PROGRAM**

### **FOR YEARS 4-6 GIRLS**



An exciting versatile four week dance program which will develop students' confidence, fitness levels, creativity, expressive skills and more.

#### **WHEN**

Wednesday 31 May and  
Wednesday 7, 14, 21 June 2023  
4.00PM - 5.00PM

#### **WHERE**

Mercy College, 760 Sydney Road,  
Coburg 3058

#### **COST**

\$20

**BOOK NOW**

[WWW.TRYBOOKING.COM/CIKTW](http://WWW.TRYBOOKING.COM/CIKTW)

Don't forget to dress comfortable!

