



# Coburg West Primary School

Friday 16<sup>th</sup> June 2023

## CWPS ACTIVITY CALENDAR

DATE	ACTIVITY	DETAILS
Wednesday 21 <sup>st</sup> June	School photos	TBA
Thursday 22 <sup>nd</sup> June	Parent & Teacher Meetings	2:00pm – 7:00pm
Monday 21 <sup>st</sup> – Wednesday 23 <sup>rd</sup> August	Grade 4 Camp	Mt Evelyn
Monday 4 <sup>th</sup> September	Writer's Festival Assembly	9:00am – 11:00am
Wednesday 6 <sup>th</sup> & Thursday 7 <sup>th</sup> September	Gr 6 Parliament Excursion	TBA
Monday 11 <sup>th</sup> September	Gr6 Parliament Excursion	TBA
Monday 6 <sup>th</sup> November	Curriculum Day	Pupil Free Day
Tuesday 7 <sup>th</sup> November	Melbourne Cup Holiday	Pupil Free Day

## VICTORIAN TERM DATES FOR 2023

	START	ENDS	LAST DAY DISMISSAL
TERM 2	Monday 24 <sup>th</sup> April	Friday 23 <sup>rd</sup> June	2:30pm Dismissal
TERM 3	Monday 10 <sup>th</sup> July	Friday 15 <sup>th</sup> September	2:30pm Dismissal
TERM 4	Monday 2 <sup>nd</sup> October	Wednesday 20 <sup>th</sup> December	1:30pm Dismissal

Dear School Community,

With the end of term 2 arriving in a few days, sadly it also signals the halfway point of this school year.

### 2022 ANNUAL REPORT

On Wednesday 14<sup>th</sup> June the Annual General Meeting of School Council took place in which we shared the Annual Report for the 2022 school year. It was pleasing to share that our students continue to show good growth and the work we are doing across the school to improve and refine our teaching and learning programs is having a positive impact.

Feel free to view the document in full [HERE on our school website](#).

### EARLY DISMISSAL REMINDERS

- Thursday 22<sup>nd</sup> June, dismissal is at 1:30pm to allow for Parent and Teacher Meetings to commence at 2pm.
- Term 2 will end this Friday 23<sup>rd</sup> June with dismissal at 2:30pm directly from classrooms.

### STAFFING UPDATES

While the teacher shortage continues across our state, on a positive note I am pleased to inform that we have been fortunate to successfully recruit a new Performing Arts teacher who will commence in Term 3. Regretfully, other vacancies remain difficult to fill and as such we are continuing to work through recruitment processes to fulfil other needs across our school. Therefore, once again I kindly ask that you show patience and appreciate the efforts we are going to, to provide consistency and continuity of learning for all students.

We are **Learners** / We are **Respectful** / We are **Safe** / We **Care**

## COVID UPDATE

With cases of COVID continuing to spread across our community once again, we are all reminded to take the necessary precautions to ensure we keep everyone healthy. If you are requiring a Rapid Antigen Test (RAT) Kit, feel free to visit the office to collect a box.

Should your child test positive, please follow the latest recommendations as detailed below:

*Students who report a positive result are recommended to isolate for a minimum of 5 days and not attend school until their symptoms have resolved.*

*It is recommended that rapid antigen tests (RATs) are used by students and staff:*

- *If you have symptoms of COVID-19 infection, no matter how mild*
- *If you are a household or close contact of someone who has COVID-19*
- *If you are a social contact of someone who has COVID-19.*

*The Department of Health recommends that all Victorians should report their positive RAT result to the Department of Health [online](#), or by calling 1800 675 398.*

## HEALTHY HABITS

Please be reminded that we encourage healthy habits and as such encourage all students to bring water bottles to school so as to ensure they remain hydrated throughout the school day. Unfortunately, in recent weeks we have seen some cases of students bringing bottles of PRIME to school, needless to say this is not encouraged, and we ask that parents ensure their children are only bringing their personal water bottles to school.

## SAFETY ISSUES

In recent weeks it has also been noted that many parents who use Devon Avenue, are stopping their cars on or very close to that school crossing to drop off or pick up their children. Not only is this a safety risk but it is also a breach of traffic signage and as such they run the risk of incurring a hefty fine. We have had members of our community receive fines in the mail from traffic officers who monitor the crossing from a distance.

We have also had reports of parents crossing Reynard Street against the traffic lights and not obeying signals from our crossing supervisor. Please ensure we all use the crossing safely and set the good example to all children.

## EOFY DONATIONS

As we approach the end of the financial year, please be reminded that any donations made to either our Building Fund or Library Fund are Tax Deductible. In recent years, these funds have assisted us in upgrading floor coverings across the Prep, One & Two classrooms, along with adding to collections of reading and research materials for our students across the school.

These donations can be made via the COMPASS App, please see the COMPASS Newsfeed for more information.

## 2024 ENROLMENTS ARE OPEN

If you are an existing member of our school community and have a child ready to start school next year, please pass by the office to collect an enrolment pack for Prep 2024. Likewise, if you have a friend or neighbour with a child ready to start next year, please advise them to contact the office to arrange an enrolment tour.

While I am sure I will see many of you at the Parent and Teacher Meetings next Thursday, I wish you all a happy and safe holiday break, with a reminder that school returns at 9am on Monday 10<sup>th</sup> July.

Kind regards,  
Mark COLAGRANDE  
PRINCIPAL

**NB: lost property is quite full, feel free to come by and check for those lost jackets, lunch boxes, toys, drink bottles etc.**

# CWPS VALUES CERTIFICATES

**We Are Learners / We Are Respectful / We Are Safe / We Care**

Grade	Student	Value	Student	Value	Presented by
Prep Y	Taylan	We Are Learners	Charlotte	We Care	Ms. Youla
Prep L	Alexander	We Are Learners	Astrid	We Care	Mrs Lebon
Prep S	Whole Class	We Care	Elodie	We Care	Mrs Lontos
1D	Isaac	We are Learners	Ava	We Are Learners	Mr Peric
1E	Sonny	We Care	Allegra	We Are Respectful	Ms Esposito
2C	Sandy	We Care	Caoimhe	We Care	Ms Cavoli
2F	Hugo	We Care	Sebastian	We Are Learners	Ms Fonte De Vos
2N	Mason	We Are Safe	Aurora	We Care	Mr Niciak
3R	Chloe	We Are Learners	Tully	We Are Respectful	Mr Robinson
3S	Ruzica	We Are Learners	Zara	We Are Respectful	Mrs Spiteri/Mrs Pavich
4K	Martha	We Are Learners			Mr Krauss
4M	Teddy, Ari & Jessica	We Are Respectful	Nicola	We Are Learners	Ms McKenzie/Ms Corn
4P	Juni	We Are Learners	Eleni	We Care	Ms Preston
5M	Josh	We Are Learners			Ms Mardesic
5R	Maddie	We Are Respectful	Jack	We Care	Ms Taylor
5T	Rosie	We Are Respectful	Avie	We Are Learners	Mr Torpey
6A	Xavier	We Are Learners	Nina	We Are Learners	Mr Aitken
6F	George	We Are Learners	Maudie	We Are Learners	Ms Franco
6R			Oliver	I am a Learner	Mrs Rigby

## CWPS GOOD CITIZENS

These students are acknowledged and thanked by their House Captains for being Good Citizens by exhibiting positive behaviours which reflect our School Values.

	9 <sup>th</sup> June	16 <sup>th</sup> June
<b>Green House</b>	Nicole 5R	Georgia 4K
<b>Red House</b>	Sophie 5T	Mia 5T
<b>Gold House</b>	Beadie 3R	Ava 5M
<b>Blue House</b>	Milana 1E	Carla 4P

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## Banyule and Inner North Moreland Cross Country Division 2023

Well done to our fantastic Coburg West Primary School Cross Country Running team on their magnificent effort competing at the Banyule and Inner North Moreland Cross Country Division on Wednesday 31<sup>st</sup> May at Banyule Flats Reserves in Heidelberg. Congratulations to the following students who qualified for the day: Sabine T, Hannah B, Emily W, Tarquin S, Ari T, Wilbur W, Jake P, Madeline R, Alexander S, Alara M and Marcus K. 10-year-old students completed a 2km track and the 11/12/13 year old students completed a 3km track. While not all students qualified, each and every participant represented our school with great positivity and fantastic sportsmanship.

The following students have qualified for the Northern Metropolitan Regional Cross-Country Championships: Sabine T, Wilbur W, Hannah B, Emily W, Marcus K and Tarquin S have qualified for the next round to be held at Kilmore Race Track, Well done! Also, a big thankyou to all the parents who transported and supported on the day.



**Awesome effort team!**

**Chris Harvey  
Sports Coordinator  
Coburg West Primary School**



## 2023 PREMIER'S READING CHALLENGE

With the school holidays fast approaching, hopefully everyone has stocked up on some great books to read to help catapult you over the finish line of this challenge. We're heading towards the final stretch, remembering that it ends on **Friday 8<sup>th</sup> September**, so log every book that you have read to meet the challenge. Although the number of students who have completed the challenge is steadily rising, it would be great to see us exceed our total challengers from last year which was a CWPS record total of 81 students, we can do it!

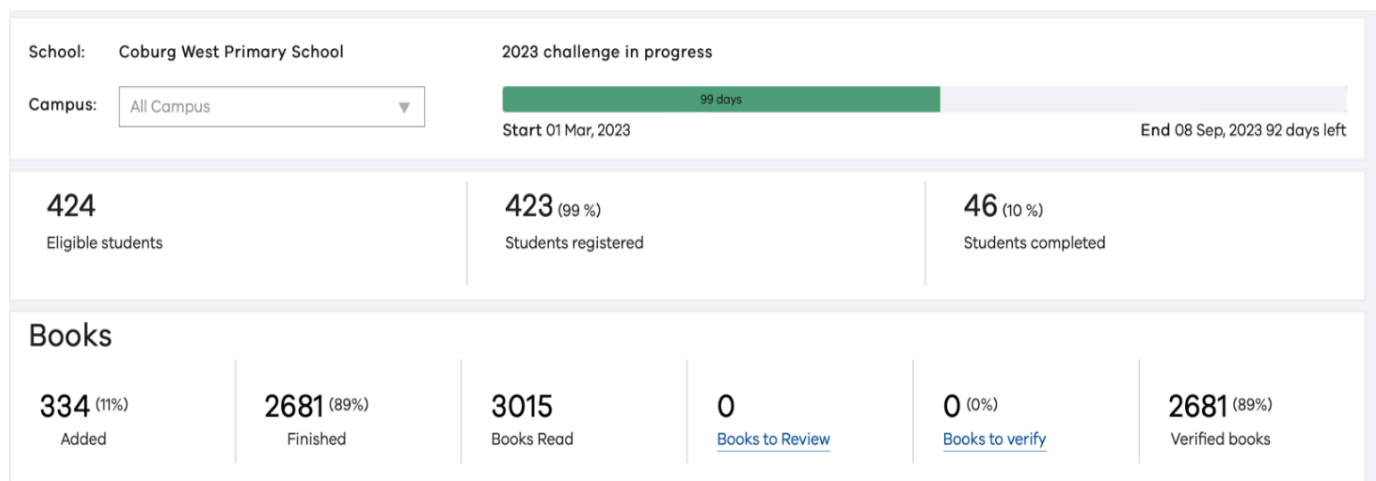


Once again, here's a little more motivation for you to complete the challenge... by logging those books, you might also be the student in your class who gets the elusive Premier's Reading Challenge pin this year.



The pin will go to one student from each class who has completed the challenge and who has also read and registered the most books.

Keep up the wonderful commitment to this challenge, you're all doing a brilliant job!



Patricia Amerena  
English Leading Teacher

**On Thursday the 8<sup>th</sup> of June the Grade One's presented their Push and Pull games!**

**They used recycled materials to make different games that had push and pull aspects.**

**Many groups gave out tickets and prizes to others who came and played their game!**



## Wellbeing Corner



### Features

- Functional Behaviour- How it tells us what kids need!
- Free seminars for teachers and parents on Child Mental Health
- Tips for School Holidays- Fun ways to boost family wellbeing

### Functional Behaviour

This week Dan Copping and I gave a presentation to staff on Mental Health and Wellbeing with a focus on Functional Behaviour and how staff can build student mental health in the classroom.

### What is functional behaviour?

All behaviour is functional, that is, kids act in a particular way for a reason. By looking at the following aspects, we can address children's behaviour in a way that focusses on reducing the repetition of the behaviour.

- A- Antecedent. What came just before the incident? What was the trigger?
- B- Behaviour. What was being observed, what was measured, what was repeated?
- C- Consequence. What reaction did the behaviour get? How was the behaviour responded to?

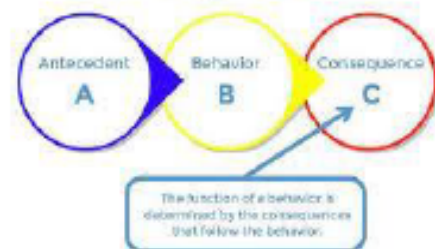
It is the Consequence which determines whether the behaviour will be repeated!

That is:

- Can you speak to the child about why the behaviour happened and what strategies you can do together to support it not happening again?
- If the adult displays a negative reaction to the behaviour, this can fracture the relationship with the child, making it more difficult to engage with them next time.
- Building and maintaining a positive relationship with the child is the foundation to building positive behaviours.



### The Behavioral Equation: Determining the Function



### How can teachers and parents build child mental health?

- Using the Children's Mental Health Continuum to check in,
- Using 'circle time' in the classroom to discuss any issues faced at recess or lunchtime with the class and seek advice from peers.
- Using the Smiling Mind program (thanks to Jessica King), to help students with reducing stress and anxiety and assist with emotional regulation.
- Ask your child's teacher about which strategies are working for them!

### The Children's Wellbeing Continuum



### Free seminars for teachers and parents on Child Mental Health

We have been invited through Monash University, Adelaide University and the University of Queensland, for parents and teachers to attend 3 evidence-based seminars for learning practical strategies to assist children's mental health.

To sign up, go to: The Thriving Kids and Parents Schools Project

<https://able.adelaide.edu.au/education/thriving-kids-and-parents/>

The interactive and online seminars include:

1. **Power of Positive Parenting (Triple P Seminar):** Practical strategies to support children's social and emotional development.
2. **Helping Your Child to Manage Anxiety (Fear-Less Triple P Seminar):** Skills and strategies to support children manage their emotions and overcome challenges.
3. **Keeping Your Child Safe from Bullying (Resilience Triple P Seminar):** How to maintain good communication with the children in your care, develop positive relationships, and address conflict and bullying.

### Tips for the school holidays

There are many ways you can support your child's mental health and wellbeing in the holidays:

1. **Encourage them to stay connected.**  
Friends can provide both play and support, and spending time with friends is also important for keeping and building on existing friendships.
2. **Encourage them to stay involved.**  
Encourage involvement with volunteer work, hobbies, clubs or committees, or sports – these can help young people feel connected to their wider community.
3. **Encourage physical activity.**  
Physical activity is important for everyone's health and wellbeing.
4. **Encourage a regular routine.**  
Getting a good night's sleep helps young people to feel energised, focused and motivated.
5. **Encourage healthy eating habits.**  
Eating well doesn't only reduce the risk of physical health problems, like heart disease and diabetes, but it can also help with sleeping patterns, energy levels, mood, and general health and wellbeing.
6. **Encourage play!**  
Devoting time to just having fun can help to recharge your young person's battery, revitalise their social networks and reduce stress and anxiety.

Information taken from Headspace <https://headspace.org.au>

Make sure you take time to play and enjoy the school holidays! 😊

*Written By Allison McKenzie*

# World Environment Day



On Monday June 5th, Coburg West Primary School celebrated World Environment Day. Prep students learned about the native blue banded bee, grade 3s wrote about the importance of native plants and grade 6s looked into what goes into our mobile phones and how/why we should recycle them when we get new ones. The Merri Creek Management Committee visited and spoke with the Grade 4s about indigenous plants in our area, and Envirocom visited to chat with the Grade 1s and 2s about what goes into the 4 bins in Merri-Bek.

The day was also a great opportunity for us to reflect on what we are currently doing to support our environment and to become a more sustainable school, as well as a chance to brainstorm things that we can do in the future.

So far this year our students have :

- planted a new garden with indigenous plants at the front of the school with CERES through their 'Schools for Wildlife' program
- conducted 'biodiversity', 'waste' and 'litter audits at school
- implemented a 'glad wrap and zip lock bags' recycling program with in each class with TerraCycle

We have also been successful in a couple of grant application to further support our work this year. In Term 1, a group of Grade 5 students helped to draft a Woolworths Junior Landcare Grant. We received \$1100 from this grant, which will allow us to buy some compost bins to trial at school later this year. We also received a grant of \$500 from the Victorian Schools Garden Program, which will allow us to continue adding native and indigenous plants to our garden.

# Outside of School Hours Care

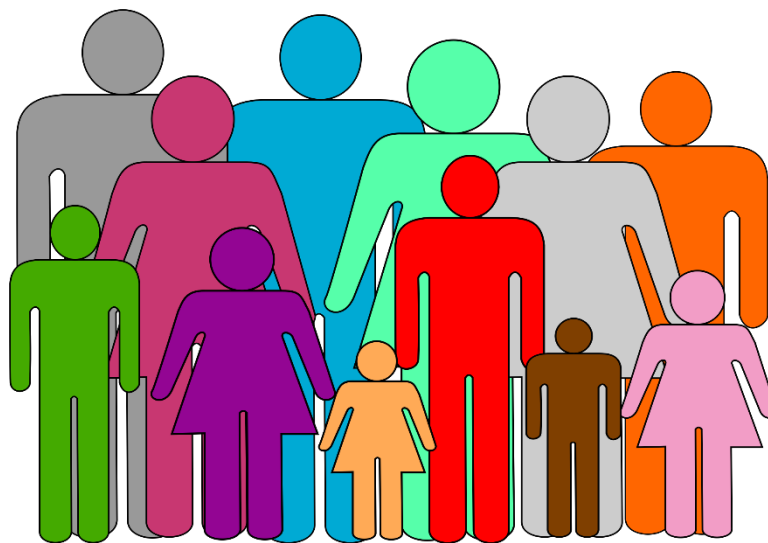
OUR OSHC FAMILY is here to provide a safe, happy and stimulating environment for our children, that above all else is a fun place to be. If your current needs have changed or you would like to start using the service, please do get in contact with the team!

We currently have vacancies at OSHC for all days for before care (7.15am – 9.00am) with some of the best breakfast going around!!

After school vacancies are available on Monday, Wednesday, Thursday and Friday (3.30pm-6.00pm) with a great program of activities.

Please contact the team (Program Coordinator, Mrs Gina Blease and Assistant Coordinator: Mrs Sonia Trovato) at [oshc.coburg.west.ps@edumail.vic.gov.au](mailto:oshc.coburg.west.ps@edumail.vic.gov.au) or (03) 9384 6306 or 0417 032 288 between 7:15am – 9:00am or 2:00pm – 6:00pm

The OSHC team.





Lunchtime  
Chess Club  
All  
welcome  
and all  
enjoy the  
challenge.



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# WINTER SOLSTICE

*The Winter Solstice is a time to reflect on the beauty and diversity of our natural world and the importance of preserving it for generations to come.*

## SUPPORTING OUR FUTURE CHANGE MAKERS!

**Thursday June 22 — 4pm - 6pm**

**7 Prospect Street, Pascoe Vale**

- Local sustainability initiatives & info
- Play-based kids activities
- Edible garden planting
- Finger food & drinks
- Art & Music

**RSVP by June 16**

FUNDED BY MERRI-HEALTH SCHOOL TIES

**RSVP: 03 9354 2210**



Sussex  
Neighbourhood  
House



To find out more or see  
what else is on offer, visit:  
[www.sussexnh.org.au](http://www.sussexnh.org.au)

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NORTHERN PARX NETBALL CLUB

# CALLING ALL 10 & 11 YEAR OLDS

## COME AND TRY NETBALL

BOYS AND GIRLS WELCOME  
ALL ABILITIES & BEGINNERS WELCOME



**TRAINING HELD AT J.E. MOORE RESERVE  
WEDNESDAYS 5-6PM**

**GAMES PLAYED ON SATURDAYS AT 8:30AM & 9:30AM  
AT NARRANDJERI STADIUM, THORNBURY**

**FOR MORE INFORMATION PLEASE CONTACT:  
MAGGIE CROWE (0400 025 333) OR EMAIL  
NORTHERNPARXNETBALLCLUB@GMAIL.COM**

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# WINTER SCHOOL HOLIDAY SPORTS PROGRAM

Join us for a multi-sport holiday program with Basketball, Soccer, Tennis and other fun sports games and activities!

**Narrandjeri Stadium**  
281 Darebin Road, Thornbury 3071

Week 1 - Mon 26/06 - Fri 30/06

Week 2 - Mon 03/07 - Fri 07/07

**Darebin Community Sports Stadium**  
857 Plenty Road, Reservoir VIC 3073

Week 1 - Mon 26/06, Wed 28/06 & Fri 30/06

Week 2 - Mon 03/07, Wed 05/07 & Fri 07/07

## Time

Mon-Thurs 9.00am - 3.30pm; Fun Fridays 9am-1pm\*

## Cost

Mon-Thurs \$85 p/chld OR \$99 with lunch;  
Fun Friday \$60 p/chld or \$74 with lunch Included.  
Book 2 or more full days and pay only \$80 p/chld.



Scan QR code and  
book online today

\*Drop off period 9am-9.30am,  
activities start at 9.30am.

Chanel McKay  
Three Sixty Sports Academy  
Program Coordinator  
0408 029 213  
[contact@three60group.com.au](mailto:contact@three60group.com.au)



**DISCOVER WHY WE ARE  
LEADERS IN BOYS' EDUCATION**

# **YEAR 7 2025 PARENT INFORMATION EVENING**



**Wednesday, 2 August 2023 at 7pm**  
Marcellin College Functions Room  
**BOOKINGS ESSENTIAL**

Year 7 2025 Enrolments

**APPLICATIONS CLOSE 18 AUGUST 2023**

Secure your place today [marcellin.vic.edu.au](https://marcellin.vic.edu.au)

**MARCELLIN COLLEGE** *Strive for the highest*  
160 Bulleen Road, Bulleen VIC 3105 | +61 3 9851 1589



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# KARATE

Just  
for  
kicks! program

## Kids KARATE with Sensei Sandra!

6 days a week  
in Central Coburg  
FREE Parking!  
FREE Trial!

OPEN during  
School Holidays!  
+ parent classes  
+ 5 nights a week!

• Female-led sporting  
venue

**PLUS** High quality  
'Prep' classes (5-6 yrs)  
in our special  
Kindy Karate program!



Book FREE TRIAL

[okukan.com.au](http://okukan.com.au)

**OKUKAN DOJO**  
Shito-Ryu Karate-Do

- 4-5yrs
- 5-6yrs
- 7-10 years
- 10-15yrs
- 16-19yrs

Instructor:  
Sensei Sandra Contreras

SAVE THE  
*date*

# Robogals Science and Engineering Day 2023

## Melbourne Chapter

Date: Thursday, 29th June 2023

Time: 9:30am - 2:15pm

For more info contact:

[melbourne.schools@robogals.org](mailto:melbourne.schools@robogals.org)



SCAN TO  
REGISTER!



## 'DEVELOPMENT AND FUN THROUGH SOCCER'

### **AFTER SCHOOL PROGRAMS**

Join our after-school sessions for a fun and supportive soccer environment. Led by experienced coaches, our program guarantees top-quality training. Open to prep to grade 6 students, these sessions offer focused skill development for an hour. Participating schools have an exclusive opportunity to offer this incredible chance to their students. Elevate your soccer game now!

### **TALENT DEVELOPMENT PROGRAMS**

Our exclusive Talent Development Program for young athletes with exceptional soccer skills. By invitation only, this program provides specialized training, advanced tactics, and a supportive community. It's the perfect opportunity for talented players to refine their skills and shine in a competitive environment.

### **HOLIDAY CLINICS**

Join our upcoming holiday clinics at Brunswick South-West Primary School Oval (parking on Moule Street). Clinics run from 9:00am to 12:00pm and focus on key skills like passing, running with the ball, defending, and finishing. Experience a mini-tournament with teams formed by our coaches.

### **JOIN NOW**

Contact Luke

Phone: 0405 765 943

Email: [strikesoccerschool@gmail.com](mailto:strikesoccerschool@gmail.com)